



Republic of the Philippines
Department of Education

15 JAN 2016

DepEd MEMORANDUM
No. **6**, s. 2016

2016 SPECIAL PROGRAM IN SPORTS (SPS) ACTIVITIES

To : Bureau and Service Directors
Regional Secretary, ARMM
Regional Directors
Schools Division Superintendents
Public and Private Secondary Schools Heads
All Others Concerned

1. The Department of Education (DepEd), through the Bureau of Curriculum Development (BCD), shall conduct the following activities of the Special Program in Sports (SPS):

Activity	Date and Venue	Participant
Training on the Physical Fitness Tests (PFT)	January 19-22, 2016 Baguio Teachers Camp Baguio City	Regional and Schools Division Supervisors Sports Coordinators
Training on the Three-Level Coaching on the Special Program in Sports (Third Level)	January 25-29, 2016 Baguio Teachers Camp Baguio City	Regional and Schools Division Supervisors Sports Coordinators School Heads (SHs) Teachers Implementing the SPS
Training in Coaching for Beginners	May 16-20, 2016 Baguio Teachers Camp Baguio City	Sports Coordinators Teachers implementing the SPS

2. The objectives of the *Training on the Physical Fitness Tests (PFT)* are to:

- enhance the participants' knowledge of and skills in administering the PFT;
- set PFT norms for Filipino learners; and
- develop regional training plans (RTPs) on PFT.

3. The participants in the Training are the 17 Regional Physical Education and School Sports (PESS)/Music, Arts, Physical Education and Health (MAPEH) supervisors, 12 schools division PESS/MAPEH supervisors per region, and two sports coordinators per region. Participants are requested to bring the results of the PFT pre- and post-test in their respective regions/divisions.

4. The *Training on Three-Level Coaching in the Special Program in Sports (Third Level)* is the last in a series of trainings for coaches implementing the SPS. Completers of the Three-Level Coaching will be certified to coach a team at the regional or national level.

5. The objectives of the Training are to:
 - a. certify participants as regional/national coaches;
 - b. further enhance their knowledge and skills on the new trends; strategies in coaching sports; and
 - c. develop training plan for student athletes.
6. The participants of the Training are one regional sports supervisor, one schools division sports supervisor, school sports coordinators, school heads, and coaches who passed the Second Level Coaching conducted in 2014 listed in Enclosure No. 1. The coaches are required to bring a certification from the SHs that they have participated in any sports competition at the schools division level.
7. For the Training on Three-Level Coaching, a registration fee of Five Thousand Five Hundred Pesos (P 5,500.00) shall be charged to each participant to cover board and lodging, fare of participants going to and coming from the training venue, supplies and materials, sports venue rental, and other incidental expenses relative to the activity. The registration fee and travel expenses of participants shall be charged to Maintenance and Other Operating Expenses (MOOE)/School Education Fund (SEF) or local funds, while board and lodging, travel expenses of training staff, and honoraria of resource persons shall be charged to the BSE Policy Formulation Funds as provided for in the 2015 DepEd General Appropriations, subject to the usual accounting and auditing rules and regulations.
8. The regional/division office is requested to send the confirmation of their participants using the enclosed confirmation form to email address: sdd.bse.deped@gmail.com on or before **January 18, 2016**.
9. For pre-registration of participants, payments may be deposited on or before **January 18, 2016** to:

Account Name: DECS OSEC Trust
Bank: Landbank of the Philippines
Branch: DepEd - Pasig Branch' Current Account No.: 0672-1000-20
10. A scanned copy of the deposit slip with names of payees clearly indicated must be sent to email address: sdd.bse.deped@gmail.com on or before **January 18, 2016**.
11. The *Training on Coaching for Beginners* addresses the needs of teachers who are beginners and who have not had any experience in coaching. They shall be trained in terms of coaching skills to assist them as coaches.
12. The objective of the Training is to build the capacity of participants in basic coaching and strategies in coaching.
13. The participants of the Training are one regional sports coordinator and 17 new SPS teachers per region.
14. The participants who will attend the activities are expected to arrive at the venue for the registration one day prior to the conduct of the activity.
15. Format for confirmation of attendance is provided in Enclosure No. 2. The list of confirmed participants should be approved and endorsed by the regional/schools division office.

16. The Training designs are provided in Enclosure No. 3.

17. For more information, all concerned may contact the **Director** (Attention: **Ms. Rosa Ligaya C. Domingo**), Bureau of Curriculum Development (BCD), Department of Education (DepEd) Central Office, 3rd Floor, Bonifacio Bldg., DepEd Complex, Meralco Avenue, Pasig City at telefax nos. (02) 636-5173; (02) 632-7386; (02) 835-9822 or email to rosaligaya@yahoo.com.

18. Immediate dissemination of this Memorandum is desired.



BR. ARMIN A. LUJASTRO FSC
Secretary

Encls.:

As stated

Reference:

DepEd Memorandum No. 27, s. 2014

To be indicated in the Perpetual Index
under the following subjects:

CONFERENCE
OFFICIALS
SECONDARY EDUCATION
SPORTS
TEACHERS
TRAINING PROGRAMS

PARTICIPANTS OF THE THIRD LEVEL COACHING IN SPECIAL PROGRAM IN SPORTS

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
1	Jeffrey J. Jimenez	Palo NHS	I	Araminon City	Volleyball
2	Eric S. Jimbo	Bonuan Buquig NHS	I	Dagupan City	Arnis
3	Romy O. De Guzman	Bonuan Buquig NHS	I	Dagupan City	Athletics
4	Genard Pio B. Estrada III	Bonuan Buquig NHS	I	Dagupan City	Badminton
5	Loe Jacqther C. Alpo	Bonuan Buquig NHS	I	Dagupan City	Baseball
6	Francis B. Mararac	Bonuan Buquig NHS	I	Dagupan City	Basketball
7	Shiera May C. Nonaga	Bonuan Buquig NHS	I	Dagupan City	Gymnastics
8	Romco B. Latorza Jr	Bonuan Buquig NHS	I	Dagupan City	Sepak Takraw
9	Mary Ruth A. Solomon	Bonuan Buquig NHS	I	Dagupan City	Table Tennis
10	Enrique M. Virluan	Bonuan Buquig NHS	I	Dagupan City	Tennis
11	Edyardo U. Guilan	Bonuan Buquig NHS	I	Dagupan City	Volleyball
12	Noah Perques A. Torco	Federico N. Corralde Integrated School	I	Dagupan City	Athletics
13	Catherine O. Bablong	Federico N. Corralde Integrated School	I	Dagupan City	Athletics
14	Daisy L. De Vera	Federico N. Corralde Integrated School	I	Dagupan City	Athletics
15	Ednaelyn O. De Vera	Federico N. Corralde Integrated School	I	Dagupan City	Table Tennis
16	Robert B. Dora	Judge Jose de Venecia Sr. MNHS	I	Dagupan City	Basketball
17	Wilma C. De Guzman	Judge Jose de Venecia Sr. MNHS	I	Dagupan City	Swimming
18	Michael C. Corpuz	Sta. Rosa NHS	I	Ilocos Norte	Arnis
19	Elvira M. Arcaon	Sta. Rosa NHS	I	Ilocos Norte	Athletics
20	Genco A. Vidad	Sta. Rosa NHS	I	Ilocos Norte	Badminton
21	Jordan A. Burnanglag	Sta. Rosa NHS	I	Ilocos Norte	Basketball
22	Ringo E. Antonio	Sta. Rosa NHS	I	Ilocos Norte	Gymnastics
23	Agnas G. Doriley	Sta. Rosa NHS	I	Ilocos Norte	Sepak Takraw
24	Bryan Samuel V. Remoa	Sta. Rosa NHS	I	Ilocos Norte	Swimming
25	Elsie A. Agmata	Sta. Rosa NHS	I	Ilocos Norte	Tennis
26	Hiradio L. Asuncion	Sta. Rosa NHS	I	Ilocos Norte	Volleyball
27	Pablo M. Delos Reyes	Diamoris NHS	I	La Union	Basketball
28	Luis L. Gonzales	Don Eulogio De Guzman Mem. NHS	I	La Union	Basketball
29	Arthur V. Ligaten	Canari NHS	I	La Union	Athletics
30	Jovercio B. Salvador	Ilocos Norte NHS	I	Baguio City	Table Tennis
31	Lorenzo C. Agustin	DepEd Regional Office I	I	Regional Office	Coordinator
32	Manuel N. Engaño Jr.	Dr. Guinán Balboa Sr. NHS	I	San Fernando City	Athletics
33	Richard E. Frugal	Urdaneta City NHS	I	Urdaneta City	Gymnastics
34	Glenn T. Suarez	Urdaneta City NHS	I	Urdaneta City	Gymnastics
35	Jamas Mike O. Cadey	Gonzaga NHS	II	Cagayan	Athletics
36	Fraser F. Javier	Gonzaga NHS	II	Cagayan	Athletics
37	Raymundo A. Sagume	Gonzaga NHS	II	Cagayan	Chess
38	Edgar S. Aipo	Gonzaga NHS	II	Cagayan	Swimming
39	April Greca Duronan	Gonzaga NHS	II	Cagayan	Table Tennis
40	Rodolfo G. Limon	Isabela School of Arts and Trades	II	Iligan City	Baseball
41	Joselito E. Castaneda	Isabela School of Arts and Trades	II	Iligan City	Football
42	Oran B. Dalit	Sta. Isabela NHS	II	Iligan City	Athletics
43	Aristar L. De Guzman	Alicia NHS	II	Isabela	Badminton
44	Mildred J. Medina	Alicia NHS	I	Isabela	Table Tennis
45	Rosalyn L. De Guzman	Figaru Integrated School	I	Isabela	Arnis
46	Sherrill T. Sinangan	Cagayan NHS	I	Tuguegarao City	Badminton
47	Fernanda L. Siuagan	Cagayan NHS	I	Tuguegarao City	Baseball
48	Mark Lee G. Lumbani	Cagayan NHS	I	Tuguegarao City	Basketball
49	Marcelo B. Campoc	Cagayan NHS	I	Tuguegarao City	Coordinator
50	Reynaldo P. Pedro Jr	Cagayan NHS	II	Tuguegarao City	Volleyball
51	Carlos A. Obispo	Casagigaman NHS	II	Tuguegarao City	Basketball
52	Michael P. Bongco	Holy Family Academy	II	Angat City	Volleyball
53	Jadida B. Berrales	Raler NHS	II	Aurora	Swimming
54	Jamelyn E. Cellery	Dipaculao NHS	II	Aurora	Volleyball

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
55	Melanie F. Linao	Bonifacio Camacho NHS	II	Bataan	Athletics
56	Maria Teresa C. Perez	Bonifacio Camacho NHS	II	Bataan	Coordinator
57	Rosemarie D. Santos	Jose C. Payumo Jr. MHS	II	Bataan	Table Tennis
58	Carmelita C. Pestelero	Laniao NHS	III	Bataan	Basketball
59	Emilio C. Dixon	Laniao NHS	II	Bataan	Sepak Takraw
60	Ma. Glenda P. Dola Fuente	Limey NHS	III	Bataan	Archery
61	Aileen L. Lumaban	Limey NHS	III	Bataan	Badminton
62	Eduardo L. Agano Jr.	Limey NHS	III	Bataan	Coordinator
63	Ronalene Grace A. Tapang	Mariveles NHS	III	Bataan	Amis
64	Ismael T. Canare	Mariveles NHS	II	Bataan	Badminton
65	Elmer Roy M. Mañanum	Mariveles NHS	II	Bataan	Gymnastics
66	Marc Ian M. Mangoba	Mariveles NHS-Malaya	III	Bataan	Badminton
67	Ariel M. Santos	Orani NHS-Main	III	Bataan	Volleyball
68	Darwin Rex N. Malari	Pagalanggang NHS	II	Bataan	Athletics
69	Maria Ana E. Pora	Pagalanggang NHS	II	Bataan	Coordinator
70	Arnold P. Turia	San Miguel NHS	III	Bulacan	Archery
71	Daniel P. Manalastas	San Miguel NHS	II	Bulacan	Coordinator
72	Johanell C. Esquivel	Camp Tinio NHS	II	Cabanatuan City	Amis
73	Erwin L. Amedo	Pampanga HS	II	City of San Fernando	Amis
74	Francis Edward M. Gamboa	Pampanga HS	II	City of San Fernando	Athletics
75	Reynaldo B. Velasquez	Pampanga HS	II	City of San Fernando	Badminton
76	Sammy D. Cabu	Pampanga HS	III	City of San Fernando	Basketball
77	Mark Ian R. Reyes	Pampanga HS	III	City of San Fernando	Basketball
78	Jerico A. Basilio	Pampanga HS	III	City of San Fernando	Chess
79	Junette Chelria C. Sales	Pampanga HS	III	City of San Fernando	Sepak Takraw
80	Mary Antonietto S. Licano	Pampanga HS	III	City of San Fernando	Table Tennis
81	Ponciano P. Canlan	Pampanga HS	III	City of San Fernando	Volleyball
82	Earcna Mikio S. Sigua	Pampanga HS	III	City of San Fernando	Volleyball
83	Bieto R. Biglang-bwa	Tungkong Mangga ES	III	City of San Jose del Monte	Volleyball
84	Wilfredo S. Constantino	Juan R. Liwag MHS	III	Capan City	Athletics
85	Josefina T. Marolo	Juan R. Liwag MHS	III	Capan City	Athletics
86	Sebastian D. Sta. Ines Jr	Juan R. Liwag MHS	III	Capan City	Chess
87	Ariana Shyna L. De Guzman	Juan R. Liwag MHS	II	Capan City	Gymnastics
88	Ronelle M. Eligiao	Juan R. Liwag MHS	II	Capan City	Sepak Takraw
89	Joy Q. Garcia	Juan R. Liwag MHS	III	Capan City	Softball
90	Ronel S. Fernando	Juan R. Liwag MHS	II	Capan City	Table Tennis
91	Rosalina M. Gomez	Juan R. Liwag MHS	II	Capan City	Volleyball
92	Ariel M. Calma	Mabalacat NHS	II	Mabalacat City	Athletics
93	Joseph B. Evangelista	Mabalacat NHS	II	Mabalacat City	Athletics
94	Mary Jane G. Gutierrez	Cabiao NHS	II	Nueva Ecija	Volleyball
95	Amel V. Menusoc	Cabiao NHS	II	Nueva Ecija	Athletics
96	Shirley S. Santiago	Cabiao NHS	III	Nueva Ecija	Basketball
97	Aldous Garibay G. Miraneta	Cabiao NHS	III	Nueva Ecija	Softball
98	Ivory Anne T. Tario	Cabiao NHS	III	Nueva Ecija	Table Tennis
99	Maybell R. Merdoza	Palayan City NHS	III	Nueva Ecija	Athletics
100	Ana Mary L. Villajuan	Palayan City NHS	III	Nueva Ecija	Chess
101	Myrna F. Bumanlag	Palayan City NHS	III	Nueva Ecija	Coordinator
102	Daniel I. Serapio	Santa Rosa NHS	III	Nueva Ecija	Badminton
103	Dennis L. Serapio	Santa Rosa NHS	III	Nueva Ecija	Sepak Takraw
104	Arkim D. Jimenez	Talavera NHS	III	Nueva Ecija	Archery
105	Melvin Garcia	Talavera NHS	III	Nueva Ecija	Badminton
106	Exian W. Timbol	Talavera NHS	III	Nueva Ecija	Coordinator
107	Allan S. Vilota	Talavera NHS	III	Nueva Ecija	Coordinator
108	Amado C. Sarmiento Jr	Gordon Heights NHS	III	Olongapo City	Archery
109	Ronald M. Pasag	Gordon Heights NHS	III	Olongapo City	Badminton
110	Glenn Abear E. Ebido	Gordon Heights NHS	II	Olongapo City	Sepak Takraw
111	Rolly D. Biloon	Gordon Heights NHS	II	Olongapo City	Taekwondo
112	Arnold D. Alvaro	Gordon Heights NHS	III	Olongapo City	Volleyball
113	Jose C. Tale	Olongapo City NHS	III	Olongapo City	Archery

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
114	Phoebe T. Esperanza	Olongapo City NHS	III	Olongapo City	Badminton
115	Haidia Adakida L. Balanca	Olongapo City NHS	III	Olongapo City	Chess
116	Grace M. Estralla	Olongapo City NHS	III	Olongapo City	Table Tennis
117	Antonia C. Labos	Diosdado Macapagal MHS	III	Pampanga	Amis
118	Jayson C. Manuel	Diosdado Macapagal MHS	III	Pampanga	Gymnastics
119	Racquel O. Soliman	Don Jesus Gonzales HS	III	Pampanga	Athletics
120	Joy P. Camling	Don Jesus Gonzales HS	III	Pampanga	Badminton
121	Allan B. Tungol	Don Jesus Gonzales HS	III	Pampanga	Chess
122	Christopher G. Manlapaz	Don Jesus Gonzales HS	III	Pampanga	Volleyball
123	Deniss D. Pineda	Mary the Queen Aca. of Pampanga	III	Pampanga	Basketball
124	Mark Joseph R. Ocampo	Sta. Cruz Academy	III	Pampanga	Sepak Takraw
125	Gil L. Tungol	Sta. Cruz Academy	III	Pampanga	Volleyball
126	Yolanda M. Gonzales	Tarlac NHS	III	Tarlac	Coordinator
127	Agnes T. Canlas	Tarlac NHS	III	Tarlac	Coordinator
128	Genevieve P. Septoy	Tarlac NHS	III	Tarlac	Swimming
129	Arnold B. Agustin	Tarlac NHS-Main	III	Tarlac	Sepak Takraw
130	Jane L. Luzon	Victoria NHS	III	Tarlac	Archery
131	Caroline Isidro	Victoria NHS	III	Tarlac	Athletics
132	Mary Anne P. Sullivan	Victoria NHS	III	Tarlac	Badminton
133	Bernadette B. Moratillo	Victoria NHS	III	Tarlac	Coordinator
134	Mekhora A. Magno	Victoria NHS	III	Tarlac	Coordinator
135	Ma. Edden O. Nuguid	Victoria NHS	III	Tarlac	Sepak Takraw
136	Manuel Santa Cruz	Victoria NHS	III	Tarlac	Table Tennis
137	Bairbino Galutera	Victoria NHS	III	Tarlac	Tennis
138	Citadel P. Domingo	Victoria NHS	III	Tarlac	Volleyball
139	Guillermo E. Arroyo	Balayán NHS	IV-A	Batangas	Basketball
140	Larry B. Abello	Balayán NHS	IV-A	Batangas	Table Tennis
141	Onofre L. Ramon	Balayán NHS	IV-A	Batangas	Volleyball
142	Luisito V. Ujaric	Dr. Crisogono B. Ermita Sr. MNHS	IV-A	Batangas	Amis
143	Norman Francisco	Dr. Crisogono B. Ermita Sr. MNHS	IV-A	Batangas	Swimming
144	Roderick M. Alvarez	Gov. Feliciano Lewisia MNHS	IV-A	Batangas	Basketball
145	Jayson B. Narnuco	Laya NHS	IV-A	Batangas	Athletics
146	Sherman Denver D. Sangalang	Lucsuhin NHS	IV-A	Batangas	Badminton
147	Carlos M. Bernal	Lucsuhin NHS	IV-A	Batangas	Basketball
148	Edmon B. Gubelane	Lucsuhin NHS	IV-A	Batangas	Sepak Takraw
149	Rommel P. Daffon	Lucsuhin NHS	IV-A	Batangas	Volleyball
150	Don-Don M. Abante	San Pascual NHS	IV-A	Batangas	Basketball
151	Grace M. Casilhan	San Pascual NHS	IV-A	Batangas	Tennis
152	Baby Dolores O. Amparo	San Pedro NHS	IV-A	Batangas	Chess
153	Raymund L. Tapay	San Pedro NHS	IV-A	Batangas	Sepak Takraw
154	Rodney O. Landicho	Batangas NHS	IV-A	Batangas	Tennis
155	Cyrus T. Festjo	Batangas NHS	IV-A	Batangas City	Baseball
156	Edwin D. Garcia	Batangas NHS	IV-A	Batangas City	Basketball
157	Cherry T. De Chavez	Batangas NHS	IV-A	Batangas City	Gymnastics
158	Teofila T. Raja	Batangas NHS	IV-A	Batangas City	Volleyball
159	Yodan M. Cortez	Governor Ferrer Memorial NHS	IV-A	Cavite	Softball
160	Jay C. Saloc	Mary Cris ES	IV-A	Cavite	Swimming
161	Nelson H. Corpuz	Sunny Brooks ES	IV-A	Cavite	Volleyball
162	Nilda T. Acero	Paliparan NHS	IV-A	Dasmariñas	Baseball
163	Angeliquo N. Ramos	Dasmariñas East NHS	IV-A	Dasmariñas City	Badminton
164	Eliza B. Layugan	Dasmariñas East NHS	IV-A	Dasmariñas City	Gymnastics
165	Victor Z. Sotocadur	Dasmariñas NHS	IV-A	Dasmariñas City	Amis
166	Mikedeem B. Penalo	Dasmariñas West NHS	IV-A	Dasmariñas City	Gymnastics
167	Arsenio DL Parodus	Paliparan NHS	IV-A	Dasmariñas City	Baseball
168	Miguel R. Melendree	Paliparan NHS	IV-A	Dasmariñas City	Basketball
169	Rufina G. Eruusan	Dasmariñas North NHS	IV-A	Dasmariñas City	Softball
170	Arbel A. Reyot	New Era NHS	IV-A	Dasmariñas City	Taekwondo
171	Anthony S. Valdez	Paliparan NHS	IV-A	Dasmariñas City	Athletics
172	Faraheth M. De Villa	DepEd Quezon Division	IV-A	Quezon	Coordinator

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
173	Arcinda P. Oliverze	Gumaca NHS	IV-A	Quezon	Arnis
174	Hannah Grazial R. De Tobio	Gumaca NHS	IV-A	Quezon	Athletics
175	Ronald V. Andaner	Gumaca NHS	IV-A	Quezon	Badminton
176	Annette B. Diamante	Gumaca NHS	IV-A	Quezon	Gymnastics
177	Joel V. Varquez	Gumaca NHS	IV-A	Quezon	Taekwondo
178	Noel V. Soriano	Lopez National Comprehensive HS	IV-A	Quezon	Chess
179	Maria Nely A. Adan	Lopez Natl Comprehensive HS	IV-A	Quezon	Athletics
180	Blessie V. Alvarez	Lopez Natl Comprehensive HS	IV-A	Quezon	Badminton
181	Nerissa Z. Quisno	Lopez Natl Comprehensive HS	IV-A	Quezon	Badminton
182	Jocelyn T. Olivarez	Lopez Natl Comprehensive HS	IV-A	Quezon	Coordinator
183	Rex S. Palo	Lopez Natl Comprehensive HS	IV-A	Quezon	Sepak Takraw
184	Homer P. Ardiente	Lopez Natl Comprehensive HS	IV-A	Quezon	Taekwondo
185	Anselmo V. Alvarez Jr.	Lopez Natl Comprehensive HS	IV-A	Quezon	Volleyball
186	Francis William C. Reyes	Quezon NHS	IV-A	Quezon	Arnis
187	Concepcion T. Alcantara	Quezon NHS	IV-A	Quezon	Coordinator
188	Michael V. Abarcia	Quezon NHS	IV-A	Quezon	Sepak Takraw
189	Ronaldo L. Riparip	Quezon NHS	IV-A	Quezon	Taekwondo
190	Ramel C. Villanueva	DepEd Division Office of Tanauan City	IV-A	Tanauan City	Football
191	Gregorio T. Muñoz	Natatas NHS	IV-A	Tanauan City	Coordinator
192	Julia Rhyon M. Quino	Natatas NHS	IV-A	Tanauan City	Taekwondo
193	Robert L. Cruga	Pantay NHS	IV-A	Tanauan City	Volleyball
194	Marlita M. Trinidad	Pres. Jose P. Laurel NHS	IV-A	Tanauan City	Volleyball
195	Gloria C. Celepeti	Tanauan City HS	IV-A	Tanauan City	Volleyball
196	Xaider B. Castillo	Tanauan City HS	IV-A	Tanauan City	Volleyball
197	Randolf O. Bardillo	Tirunik NHS	IV-A	Tanauan City	Sepak Takraw
198	Joselito E. Lumanglas	Oriental Mindoro NHS	IV-B	Calapan City	Coordinator
199	Ryan R. Egos	Abra de Ilog NHS	IV-B	Occidental Mindoro	Athletics
200	Nali B. Dantayana	Aroma ES	IV-B	Occidental Mindoro	Basketball
201	Jerry R. Gregorio	Bagong Sibat ES	IV-B	Occidental Mindoro	Athletics
202	Jonathan F. Ramos	Barahan NHS	IV-B	Occidental Mindoro	Athletics
203	Samson A. Razorekus	Calintaan NHS	IV-B	Occidental Mindoro	Sepak Takraw
204	Margie S. Antonio	Casoy ES	IV-B	Occidental Mindoro	Badminton
205	Adrian Anthony D. Osano	Central NHS	IV-B	Occidental Mindoro	Volleyball
206	Norita V. Solelo	Falima FS	IV-B	Occidental Mindoro	Volleyball
207	Julio S. Martinez Jr.	Mabini ES	IV-B	Occidental Mindoro	Athletics
208	Asuncion C. Roqua	Maguysay NHS	IV-B	Occidental Mindoro	Athletics
209	Sharon G. Soriano	Maguysay NHS	IV-B	Occidental Mindoro	Volleyball
210	Efraim B. Tajada Jr	Makpalon NHS	IV-B	Occidental Mindoro	Football
211	Ronaldo C. Fontanilla	Mamburao Central School	IV-B	Occidental Mindoro	Basketball
212	Adabelle E. Banal	Mamburao Central School	IV-B	Occidental Mindoro	Table Tennis
213	Luther C. Taroma	Mamburao Central School	IV-B	Occidental Mindoro	Table Tennis
214	Carolina P. Gamboa	Occidental Mindoro NHS	IV-B	Occidental Mindoro	Badminton
215	Rommel R. Resurrection	Occidental Mindoro NHS	IV-B	Occidental Mindoro	Basketball
216	Libanito G. Girao	Occidental Mindoro NHS	IV-B	Occidental Mindoro	Volleyball
217	Trojan V. Gaspar	Occidental Mindoro State College	IV-B	Occidental Mindoro	Coordinator
218	George A. Prado	Occidental Mindoro State College	IV-B	Occidental Mindoro	Coordinator
219	Jose A. Natividad Jr	Occidental Mindoro State College	IV-B	Occidental Mindoro	Volleyball
220	Joseph B. Magpantay	Provincial Gov'l. of Occidental Mindoro	IV-B	Occidental Mindoro	Basketball
221	Rodel B. Benedicto	Sablayan Natl Comprehensive HS	IV-B	Occidental Mindoro	Athletics
222	Clifford M. Villarta	Sablayan Natl Comprehensive HS	IV-B	Occidental Mindoro	Volleyball
223	Chako D. Caugma	San Jose NHS	IV-B	Occidental Mindoro	Table Tennis
224	Joel A. Rivera	San Jose Pilot ES	IV-B	Occidental Mindoro	Basketball
225	Lorely Grace F. Sales	San Jose ES	IV-B	Occidental Mindoro	Badminton
226	Maria D. Ferrer	San Roque 2 ES	IV-B	Occidental Mindoro	Athletics
227	Allen V. Pascasio	Siate Central ES	IV-B	Occidental Mindoro	Athletics
228	Crly A. Orsos	St. Teresa NHS	IV-B	Occidental Mindoro	Badminton
229	Mary Grace U. De Vera	Tanyag ES	IV-B	Occidental Mindoro	Sepak Takraw
230	Oliver T. Reyes	Apilong NHS	IV-B	Oriental Mindoro	Athletics
231	Jannie A. Blanco	Baco NHS	IV-B	Oriental Mindoro	Sepak Takraw

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
232	Jayson V. Cruz	Doningo Yu Chu NHS	IV-B	Oriental Mindoro	Archery
233	Reynold E. Labay	Doroteo S. Mendoza Sr. Memorial NHS	IV-B	Oriental Mindoro	Archery
234	John-Paul Servando	Doroteo S. Mendoza Sr. MNHS	IV-B	Oriental Mindoro	Badminton
235	Chalh S. Santiago	Crece Mission College	IV-B	Oriental Mindoro	Volleyball
236	Fruentice F. Forle	Juan Morente Sr. Memorial Pkkt Sch.	IV-B	Oriental Mindoro	Softball
237	Joseph J. Mabuli	Naulon Municipal IIS	IV-B	Oriental Mindoro	Sepak Takraw
238	Sonfocio F. Abao	Pagasa NHS	IV-B	Oriental Mindoro	Chess
239	Julius S. Doliente	Papandayan ES	IV-B	Oriental Mindoro	Arnis
240	Niel M. Abayan	Papandayan FS	IV-B	Oriental Mindoro	Basketball
241	Mansond H. Burquin	Peraway Mangyan School	IV-B	Oriental Mindoro	Softball
242	Ray D. Sañorin	Pinamalayan East District	IV-B	Oriental Mindoro	Taekwondo
243	Maximiano F. Imbo	Porfirio G. Coma Memorial NHS	IV-B	Oriental Mindoro	Coordinator
244	Jaima M. Montari Jr.	Sabang Elementary School	IV-B	Oriental Mindoro	Softball
245	Rodrigo A. Almerilla Jr.	San Fernando NHS	IV-B	Oriental Mindoro	Table Tennis
246	Engelberto P. Mangilit	Villapagasa NHS	IV-B	Oriental Mindoro	Football
247	Edwin M. Payaras	Villapagasa NHS	IV-B	Oriental Mindoro	Softball
248	Leat R. Miraflores	DepEd Puerto Princesa City Division	IV-B	Puerto Princesa City	Coordinator
249	Ronnie Gualipio	Palawan National School	IV-B	Puerto Princesa City	Archery
250	Oliver G. Gabinete	Palawan National School	IV-B	Puerto Princesa City	Archery
251	Jay L. Gomez	Palawan National School	IV-B	Puerto Princesa City	Archery
252	Moses John G. Regalado	Palawan National School	IV-B	Puerto Princesa City	Arnis
253	Rechida R. Cervantes	Palawan National School	IV-B	Puerto Princesa City	Arnis
254	Elma A. Yadao	Palawan National School	IV-B	Puerto Princesa City	Athletics
255	Alma P. Quejada	Palawan National School	IV-B	Puerto Princesa City	Badminton
256	Rodal G. Chavez	Palawan National School	IV-B	Puerto Princesa City	Baseball
257	Emmanuel G. Buedo	Palawan National School	IV-B	Puerto Princesa City	Basketball
258	Edgar Kenneth Xyma S. Hikilan	Palawan National School	IV-B	Puerto Princesa City	Chess
259	Mery V. De Guzman	Palawan National School	IV-B	Puerto Princesa City	Football
260	Nashlyn R. Delosa	Palawan National School	IV-B	Puerto Princesa City	Gymnastics
261	Leah J. Padriño	Palawan National School	IV-B	Puerto Princesa City	Sepak Takraw
262	Almyron C. Bardakoa	Palawan National School	IV-B	Puerto Princesa City	Swimming
263	Rosal T. Pocatzen Sr.	Palawan National School	IV-B	Puerto Princesa City	Taekwondo
264	Minawi I. Mangocang	Palawan National School	IV-B	Puerto Princesa City	Tennis
265	Gilbert B. Chirang	Palawan National School	IV-B	Puerto Princesa City	Volleyball
266	Raimon A. Dacillo Jr.	Palawan National School	IV-B	Puerto Princesa City	Volleyball
267	Raymond Becasar	Palawan NS	IV-B	Puerto Princesa City	Football
268	Mer Lalo	DepEd Regional Office IV-B	IV-B	Regional Office	Coordinator
269	Barito F. Fajilan	Calatrea FS	IV-B	Rambon	Softball
270	Rohyn M. Patag	Guinbirayan NHS	IV-B	Rambon	Volleyball
271	Randy Boy M. Fernandez	Linawan ES	IV-B	Rambon	Basketball
272	Leo James A. Setosa	Looc Central ES	IV-B	Rambon	Taekwondo
273	Raynaldo R. Libaralo	Looc NHS	IV-B	Rambon	Gymnastics
274	Renan D. Garcia	Looc NHS	IV-B	Rambon	Table Tennis
275	Wilfredo Galabit Jr.	Looc NHS	IV-B	Rambon	Volleyball
276	Decimes F. Fealan	Odiongan NHS	IV-B	Rambon	Athletics
277	Nestor G. Yap Jr.	Odiongan NHS	IV-B	Rambon	Badminton
278	Bayani R. Focha	Odiongan NHS	IV-B	Rambon	Baseball
279	Maxwell M. Guburao	Odiongan NHS	IV-B	Rambon	Chess
280	Charlie F. Fontamillas	Odiongan NHS	IV-B	Rambon	Softball
281	Rodelino F. Fallana	Odiongan NHS	IV-B	Rambon	Table Tennis
282	Dan Ruzel G. Fahallo	Odiongan NHS	IV-B	Rambon	Taekwondo
283	Ludli G. Soldum	Odiongan NHS	IV-B	Rambon	Tennis
284	Lysander F. Fiesta	Odiongan NHS	IV-B	Rambon	Volleyball
285	Rosa M. Weywag	Rambon NHS	IV-B	Rambon	Athletics
286	Joel John R. Macalinsang	Rambon NHS	IV-B	Rambon	Football
287	Michael M. Kelako	Rambon NHS	IV-B	Rambon	Volleyball
288	Joshari O. Mamalino	San Andres NHS	IV-B	Rambon	Badminton
289	Francis V. Velasco	Marcel C. Refola Memorial School	V	Albay	Baseball
290	Jimmie H. Mencia	Marcel C. Refola Memorial School	V	Albay	Football

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
291	Edgar P. Melano	Marcel G. Ranoia Memorial School	V	Albay	Table Tennis
292	Marife C. Rahino	Polangui General Comprehensive HS	V	Albay	Artistic
293	Wilma C. Nidua	Polangui General Comprehensive HS	V	Albay	Badminton
294	Aden V. Roncesvalles	Polangui General Comprehensive HS	V	Albay	Basketball
295	Rosa M. De Los Angeles	Polangui General Comprehensive HS	V	Albay	Volleyball
296	Dennis B. De Lomias	Batobalani NHS	V	Camarines Norte	Basketball
297	Ariel C. Balmen	Batobalani NHS	V	Camarines Norte	Basketball
298	Isadora B. Ong	DepEd Camarines Norte Division	V	Camarines Norte	Coordinator
299	Cristina G. Robles	Freilan Lopez HS	V	Camarines Norte	Volleyball
300	Linnie Maria M. Eboña	Jose Panganiban NHS	V	Camarines Norte	Tennis
301	Guia P. Salinas	Magsaysay NHS	V	Camarines Norte	Tennis
302	Rikardo D. Antonio	San Felipe NIS	V	Camarines Norte	Sepak Takraw
303	Celestino V. Belarmino	Don Servillano Platon Memorial HS	V	Camarines Sur	Athletics
304	Joel E. Velarde	Don Servillano Platon Memorial HS	V	Camarines Sur	Baseball
305	Noel A. Abila	Don Servillano Platon Memorial HS	V	Camarines Sur	Taskwardo
306	Gilyn Avila	Don Servillano Platon MNHS	V	Camarines Sur	Archery
307	Neskor C. Agrawanto	Don Servillano Platon MNHS	V	Camarines Sur	Coordinator
308	Guillermo C. Ortua Jr.	Don Servillano Platon MNHS	V	Camarines Sur	Coordinator
309	Tessie T. Breta	Catanduanes NHS	V	Catanduanes	Volleyball
310	Arthur H. Espinosa	Catangaan NHS	V	Masbate	Basketball
311	Jesus P. dela Peña	Catangaan NHS	V	Masbate	Coordinator
312	Dennis C. Ranilo	Catangaan NHS	V	Masbate	Football
313	Hilary A. Gonzales	Catangaan NHS	V	Masbate	Table Tennis
314	Jerome D. Azaras	Catangaan NHS	V	Masbate	Tennis
315	Marta H. Adolfo	Catangaan NHS	V	Masbate	Gymnastics
316	Ivy Dorothy G. Asico	Camarines Sur NHS	V	Naga City	Arnis
317	Moises Alpa R. Cortez	Camarines Sur NHS	V	Naga City	Athletics
318	Roniel M. Napocao	Camarines Sur NHS	V	Naga City	Athletics
319	Paarl G. Belmonte	Camarines Sur NHS	V	Naga City	Badminton
320	Estonislao Joy M. Rili	Camarines Sur NHS	V	Naga City	Basketball
321	Elvin B. Monroy	Camarines Sur NHS	V	Naga City	Coordinator
322	Jonathan F. Nayarate	Camarines Sur NHS	V	Naga City	Sepak Takraw
323	Peiric B. Polvorosa	Camarines Sur NHS	V	Naga City	Softball
324	Fernando A. Pasaño Jr.	Camarines Sur NHS	V	Naga City	Volleyball
325	Rosmaria Labay-Milano	Camarines Sur NHS	V	Naga City	Volleyball
325	Francisco B. Bulalacao	DepEd Regional Office V	V	Regional Office	Coordinator
327	Heide E. Pura	Cubal NHS	V	Sorsogon	Athletics
328	Roby Rosa R. Ricaforta	Agumaldo I. Repedad Sr., Integrated Sch	VI	Aklan	Gymnastics
329	Ray R. Tabunora	Aklan NHS for Arts and Trades	VI	Aklan	Volleyball
330	Annia J. Rojo	Sel-is ES	VI	Aklan	No Event
331	Alcides S. Sini Jr.	Sumanga Vocational School	VI	Aklan	Gymnastics
332	Mary Rose S. Acceda	Rurungga ES	VI	Aklan	No Event
333	Marvic I. Navda	Madalag ES	VI	Aklan	Volleyball
334	Ray Emmaniel S. Solano	Naisud NHS	VI	Aklan	Basketball
335	Cesar S. Baladajay	Naisud NHS	VI	Aklan	Sepak Takraw
336	Jovie M. Cle	New Washington Natl Compre HS	VI	Aklan	Athletics
337	Jonathan John Q. Dorquilo	Humancia Integrated School	VI	Aklan	Athletics
338	Nanette M. Sijar	Tangaan ES	VI	Aklan	Gymnastics
339	Adriana J. Arca	Romaniño P. Maravilla NHS	VI	Bacolod City	Athletics
340	Dennis D. Arbis	Sur-ag NHS	VI	Dacodod City	Gymnastics
341	Jurjen S. Pinteka	Capiz NHS	VI	Capiz	Basketball
342	Kohin G. Maratas	Escalante NHS	VI	Escalante City	Football
343	Marlowe S. Maguete	Escalante NHS	VI	Escalante City	Sepak Takraw
344	Godofredo C. Pateracion Jr	Escalante NHS	VI	Escalante City	Volleyball
345	Elen G. Gilpo	DepEd Iloilo Division	VI	Iloilo	Coordinator
346	Mary Jinky D. Umahag	Oton NHS	VI	Iloilo	Arnis
347	Nicolas C. Gallenero Jr	Oton NHS	VI	Iloilo	Badminton
348	Daisy G. Caumpita	Oton NHS	VI	Iloilo	Baseball
349	Laria Grace G. Pilo	Oton NHS	VI	Iloilo	Basketball

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
350	Yelda B. Baitan	Oton NHS	VI	Iloilo	Coordinator
351	Rowena Taniada	Oton NHS	VI	Iloilo	Gymnastics
352	Marcos S. Valencia	Oton NHS	VI	Iloilo	Gymnastics
353	Alma Bibliotica	Oton NHS	VI	Iloilo	Softball
354	Ma. Belinda H. Ravana	Oton NHS	VI	Iloilo	Taekwondo
355	Luzami E. Dusanah	Oton NHS	VI	Iloilo	Tennis
356	Merced M. Coñeras	Oton NHS	VI	Iloilo	Volleyball
357	Wesley A. Del Castillo	Roberto H. Tiral HS	VI	Iloilo	Coordinator
358	Raynaldo V. Navarro	Roberto H. Tiral HS	VI	Iloilo	Volleyball
359	Freddie C. Gallardo	DepEd Division Office of Iloilo City	VI	Iloilo City	Coordinator
360	Neri L. Codillero	Jalandari Mem Nat'l HS	VI	Iloilo City	Football
361	Fidelynne V. Tupaz	Jalandari Mem Nat'l HS	VI	Iloilo City	Softball
362	Mady B. Alcarde	Jalandari Mem. Nat'l HS	VI	Iloilo City	Taekwondo
363	Primitivo A. Pacurib	Hinigaran NHS	VI	Negros Occidental	Archery
364	Alan John A. Sitchon	Hinigaran NHS	VI	Negros Occidental	Athletics
365	Joel S. Rios	Hinigaran NHS	VI	Negros Occidental	Tennis
366	Fernando B. Duro	La Castellana NHS	VI	Negros Occidental	Athletics
367	Nolan A. Marlin Jr.	La Castellana NHS	VI	Negros Occidental	Basketball
368	Eric S. Bacalado Jr	La Castellana NHS	VI	Negros Occidental	Football
369	Banija C. Maguda	Nabalao NHS	VI	Negros Occidental	Coordinator
370	Arnal A. Saben	Negros Occidental HS	VI	Negros Occidental	Football
371	Kenneth C. Serfino	Negros Occidental HS	VI	Negros Occidental	Volleyball
372	Jennifer A. Malabosa	Rais City HS	VII	Bes City	Softball
373	Marifel L. Malanog	Corella HS	VII	Bohol	Athletics
374	Renato A. Degroc	Corella HS	VII	Bohol	Chess
375	Brenwinda Ocaña	Corella HS	VII	Bohol	Coordinator
376	Karen T. Bullozar	Corella HS	VII	Bohol	Sepak Takraw
377	Gemina M. Balata	Corella HS	VII	Bohol	Volleyball
378	Cirilo S. Calatrava	DepEd Division Office of Bohol	VII	Bohol	Athletics
379	Ameleith L. Rabuts	San Jose NHS	VII	Bohol	Basketball
380	Claire C. Tomcon	San Jose NHS	VII	Bohol	Sepak Takraw
381	Inah G. Del Pilar	San Jose NHS	VII	Bohol	Volleyball
382	Julio T. Maestrado	San Jose NHS	VII	Bohol	Volleyball
383	Nelfa D. Rulista	Tubigon West Central HS	VII	Bohol	Arnis
384	Ma. Theresa A. Brigoli	Tubigon West Central HS	VII	Bohol	Athletics
385	Orlando C. Arregio	Tubigon West Central HS	VII	Bohol	Basketball
386	Raulito D. Miral	Tubigon West Central HS	VII	Bohol	Chess
387	Analie M. Arregio	Tubigon West Central HS	VII	Bohol	Football
388	Juanito Mico M. Buhayang	Tubigon West Central HS	VII	Bohol	Sepak Takraw
389	Emilia G. Coraga	Tubigon West Central HS	VII	Bohol	Softball
390	Joyrell B. Mynas	Tubigon West Central HS	VII	Bohol	Table Tennis
391	Irene C. Bental	Tubigon West Central HS	VII	Bohol	Taekwondo
392	Eva T. Yu	Tubigon West Central HS	VII	Bohol	Tennis
393	Catherina C. Lumapat	Tubigon West Central HS	VII	Bohol	Volleyball
394	Retonel A. Dirpa	Tubigon West Central HS	VII	Bohol	Volleyball
395	Promelo G. Asenjo	Valencia Tech-Voc HS	VII	Bohol	Archery
396	Alan G. Tagud	Valencia Tech-Voc HS	VII	Bohol	Arnis
397	Juan P. Ocanal	Valencia Tech-Voc HS	VII	Bohol	Athletics
398	Eric C. Namoc	Valencia Tech-Voc HS	VII	Bohol	Athletics
399	Jesus T. Adani	Valencia Tech-Voc HS	VII	Bohol	Athletics
400	Jay G. Cagulada	Valencia Tech-Voc HS	VII	Bohol	Badminton
401	Elmer R. Pizarras	Valencia Tech-Voc HS	VII	Bohol	Coordinator
402	Mirasol T. Adem	Valencia Tech-Voc HS	VII	Bohol	Gymnastics
403	Christy Dejang	Valencia Tech-Voc HS	VII	Bohol	Gymnastics
404	Nila V. Baneig	Valencia Tech-Voc HS	VII	Bohol	Gymnastics
405	Joselito S. Magpala	Valencia Tech-Voc HS	VII	Bohol	Sepak Takraw
406	Artemio I. Palma	Valencia Tech-Voc HS	VII	Bohol	Swimming
407	Shurlito D. Salas	Valencia Tech-Voc HS	VII	Bohol	Swimming
408	Eduardo I. Teves	Valencia Tech-Voc HS	VII	Bohol	Table Tennis

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
409	Raneshon I. Hamlig	Valencia Tech-Von HS	VII	Bohol	Taekwondo
410	Ronaldo E. Desamparado	Banlayan NHS	VII	Cebu	Sepak Takraw
411	Ranath Y. Siales	Banlayan NHS	VII	Cebu	Volleyball
412	Archie S. Gatego	Daanbantayan NHS	VII	Cebu	Athletics
413	Jiraida Eran	Abellana National School	VII	Cebu City	Arnis
414	Rosemarie C. Dasian	Naga NHS	VII	City of Naga	Badminton
415	Rudelin D. Doronila	Naga NHS	VII	City of Naga	Basketball
416	Janna Mae S. Novicio	Cabancalan NHS	VII	Mandaue City	Taekwondo
417	Mercedita M. Demoral	Canduman NHS	VII	Mandaue City	Coordinator
418	Jonja P. Mata	Canduman NHS	VII	Mandaue City	Softball
419	Dixio I. Alfin	Don Gerardo Llanera Osorio MNHS	VII	Mandaue City	Volleyball
420	Ekunfa I. Retiza	Labogon NHS	VII	Mandaue City	Athletics
421	Jocelyn G. Vilamor	Labogon NHS	VII	Mandaue City	Coordinator
422	Nocl B. Deculan	Mandaue City Comprehensive NHS	VII	Mandaue City	Arnis
423	Ran Norway B. Marzaco	Mandaue City Comprehensive NHS	VII	Mandaue City	Volleyball
424	Louisa B. Cortez	Tabak NHS	VII	Mandaue City	Coordinator
425	Reana V. Kjat	Negros Oriental HS	VII	Negros Oriental	Athletics
426	Franber O. Candia	Negros Oriental HS	VII	Negros Oriental	Basketball
427	Arnold R. Jungco	Negros Oriental HS	VII	Negros Oriental	Coordinator
428	Jay T. Pontillac	Negros Oriental HS	VII	Negros Oriental	Football
429	Byron L. Alabal	Negros Oriental HS	VII	Negros Oriental	Softball
430	Annela T. Bustamante	Negros Oriental HS	VII	Negros Oriental	Table Tennis
431	David Ian R. Olala	Dr. Cecilio Pulong NHS	VII	Tagbilaran City	Badminton
432	Carmelo A. Resara	Dr. Cecilio Pulong NHS	VII	Tagbilaran City	Coordinator
433	Roef C. Deñin	Dr. Cecilio Pulong NHS	VII	Tagbilaran City	Sepak Takraw
434	Frank P. Echatico	Manga NHS	VII	Tagbilaran City	Athletics
435	Marin Kashuer G. Varona	Tagbilaran Grace Christian School	VII	Tagbilaran City	Swimming
436	May Belle M. Darimat	Azagra HS	VII	Tanjay City	Volleyball
437	Dante H. Reyes	Mandalaman ES	VII	Tanjay City	Volleyball
438	Reynaldo R. Villaflores	Pala HS	VII	Tanjay City	Volleyball
439	Genryl C. Mira	Rufino Aguilar Memorial NHS	VII	Tanjay City	Volleyball
440	Cherry Mae V. Bungauciso	Sta. Niña HS	VII	Tanjay City	Volleyball
441	Exuper I. M. Suna	Tanjay NHS	VII	Tanjay City	Volleyball
442	Gilbert I. Galenzoga	Baybay NHS	VIII	Baybay City	Table Tennis
443	Santiago G. Fabula Jr	Calingalingan NHS	VIII	Borongan City	Archery
444	Louiza A. Tizon	Calbayog City NHS	VIII	Calbayog	Gymnastics
445	Jovita S. Bayog	Calbayog City NHS	VIII	Calbayog City	Athletics
446	Chinky F. Barulante	Calbayog City NHS	VIII	Calbayog City	Badminton
447	Antonio B. Zamora Jr.	Calbayog City NHS	VIII	Calbayog City	Basketball
448	Aina P. Paredes	Bureau Comprehensive NHS	VIII	Leyte	Basketball
449	Jannybeth C. Quinto	Pala NHS	VIII	Leyte	Taekwondo
450	Vivian A. Valeriano	San Miguel NHS	VIII	Leyte	Gymnastics
451	Jessica V. Tan	Mausin City NPS	VIII	Mausin City	Badminton
452	Madel J. Resos	Mausin City NHS	VIII	Mausin City	Football
453	Benalyn C. Alares	Mausin City NHS	VIII	Mausin City	Softball
454	Mansol M. Go	Calatman NHS	VIII	Northern Samar	Badminton
455	Ranako N. Varano	Calatman NHS	VIII	Northern Samar	Swimming
456	Ma. Aimee P. Ablen	New Ormoc City NHS	VIII	Ormoc	Baseball
457	Alejo S. Reyes	Valencia NHS	VIII	Ormoc City	Table Tennis
458	Mohammad Faria Y. Pali	Zamboanga del Sur NHS	IX	Pagadian City	Archery
459	Rhodella D. Patrauca	Zamboanga del Sur NHS	IX	Pagadian City	Arnis
460	Kizzia Mae B. Lapinig	Zamboanga del Sur NHS	IX	Pagadian City	Badminton
461	Silvano C. Rodriguez	Zamboanga del Sur NHS	IX	Pagadian City	Baseball
462	Joseph L. Cagas	Zamboanga del Sur NHS	IX	Pagadian City	Basketball
463	Aloen L. Laab	Zamboanga del Sur NHS	IX	Pagadian City	Basketball
464	Judith Reyns Radi	Zamboanga del Sur NHS	IX	Pagadian City	Chess
465	Hubert E. Patrauca	Zamboanga del Sur NHS	IX	Pagadian City	Coordinator
466	Julia G. Cagadas	Zamboanga del Sur NHS	IX	Pagadian City	Gymnastics
467	Judeo V. Mendoza	Zamboanga del Sur NHS	IX	Pagadian City	Gymnastics

NO	NAME	SCHOOL	REGION	DIVISION	EVENT
468	Riccel T. Espinosa	Zamboanga del Sur NHS-Main	IX	Pagadian City	Athletics
469	Habibidad L. Topia	Zamboanga del Sur NHS-Main	IX	Pagadian City	Athletics
470	Ronie P. Manit	Zamboanga Sur NHS	IX	Pagadian City	Sepak Takraw
471	Meloria S. Jalandoni	Zamboanga Sur NHS	IX	Pagadian City	Softball
472	Leo I. Espinosa	Zamboanga Sur NHS	IX	Pagadian City	Swimming
473	Devorah M. Bacon	Zamboanga Sur NHS	IX	Pagadian City	Table Tennis
474	Roderick S. Radi	Zamboanga Sur NHS	IX	Pagadian City	Judo
475	Ronald B. Tomel	Zamboanga Sur NHS	IX	Pagadian City	Tennis
476	Lyzl E. Monteballo	Zamboanga Sur NHS	IX	Pagadian City	Volleyball
477	Joy R. Guerra	Zamboanga Sur NHS	IX	Pagadian City	Volleyball
478	Riza B. Garosa	Siindangan NHS	IX	Zambo del Norte	Volleyball
479	Edger A. Austero	Don Pablo Loranza Memorial HS	IX	Zamboanga City	Gymnastics
480	Diosdado P. Escala	Zamboanga Sibugay NHS	IX	Zambo Sibugay	Athletics
481	Alberio T. Alavaran	Zamboanga-Sibugay NHS	IX	Zambo-Sibugay	Coordinator
482	Johnny S. Caia	Zamboanga-Sibugay NHS	IX	Zambo-Sibugay	Volleyball
483	Charles Marco T. Rumoso	Halapitan NHS	X	Bukidnon	Athletics
484	Vivien V. Pasion	Kallangan NHS	X	Bukidnon	Table Tennis
485	Karl Marx Dumotan	Manobo Forkoh NHS	X	Bukidnon	Baseball
486	Jon Carl A. Gultiano	Quezon NHS	X	Bukidnon	Basketball
487	Elnis B. Pyponco	Carmen NHS	X	Cagayan de Oro City	Softball
488	Marizal M. Tengan	Carmen NHS	X	Cagayan de Oro City	Swimming
489	Maria Sabal S. Balabat	Carmen NHS	X	Cagayan de Oro City	Table Tennis
490	Alvin S. Atarces	Carmen NHS	X	Cagayan de Oro City	Volleyball
491	Rafinda M. Degaraga	Camiguin NHS	X	Camiguin	Badminton
492	Huer Maria M. Bernado	Camiguin NHS	X	Camiguin	Coordinator
493	Joey R. Chavit	Camiguin NHS	X	Camiguin	Sepak Takraw
494	Jairne M. Espin	Camiguin NHS	X	Camiguin	Table Tennis
495	Audie P. Enguido	Mambajao NHS	X	Camiguin	Chess
496	Paz U. Dadula	Mambajao NHS	X	Camiguin	Coordinator
497	Edwin N. Palanca	Mambajao NHS	X	Camiguin	Sepak Takraw
498	Dina B. Ramos	Iligan City NHS	X	Iligan City	Athletics
499	Crutau P. Mendoza	Iligan City NHS	X	Iligan City	Baseball
500	Vic A. Villarza	Iligan City NHS	X	Iligan City	Basketball
501	Charryl B. Estabes	Iligan City NHS	X	Lanao del Sur	Softball
502	Alexie Jose R. Ungab	Tagakan NHS	X	Misamis Oriental	Judo
503	Marites G. Jael	Tagakan NHS	X	Misamis Oriental	Judo
504	David J. Ending	Misamis Occidental NHS	X	Oroquieta City	Baseball
505	Jocelyn B. Paroja	Misamis Occidental NHS	X	Oroquieta City	Coordinator
506	Rio F. Salagunting	Misamis Occidental NHS	X	Oroquieta City	Volleyball
507	Raymundo Anikolo	DepEd Regional Office X	X	Regional Office	Coordinator
508	Arthur G. Pimentel	Valencia NHS	X	Valencia City	Sepak Takraw
509	Mary Paz V. Pastora	Pantukan NHS	XI	Compostela Valley	Badminton
510	Alex M. Manoceras	A. L. Navarro NHS	XI	Davao City	Archery
511	Michael A. Ibag	A. L. Navarro NHS	XI	Davao City	Arnis
512	Sisenando G. Videras Jr.	A. L. Navarro NHS	XI	Davao City	Athletics
513	Ofelia S. Segunka	A. L. Navarro NHS	XI	Davao City	Athletics
514	Randy P. Montano	A. L. Navarro NHS	XI	Davao City	Badminton
515	Mabelle B. Qandacan	A. L. Navarro NHS	XI	Davao City	Chess
516	Raph B. Pehid	A. L. Navarro NHS	XI	Davao City	Football
517	Quenniel Roxas	A. L. Navarro NHS	XI	Davao City	Table Tennis
518	Trinidad L. Anaviso	A. L. Navarro NHS	XI	Davao City	Volleyball
519	Maja Michele B. Alcain	Davao City NHS	XI	Davao City	Arnis
520	Daisy D. Hernandez	Davao City NHS	XI	Davao City	Badminton
521	George N. Wong	Davao City NHS	XI	Davao City	Coordinator
522	Cristy T. Bolton	Davao City NHS	XI	Davao City	Volleyball
523	Jina Aileen Gelmo	DepEd Davao City Division	XI	Davao City	Volleyball
524	Mariata A. Muñoz	F. Bustamante NHS	XI	Davao City	Arnis
525	Ariel Niño D. Alon	Mindel Comprehensive I'S	XI	Davao City	Chess
526	Bernard S. Eugenio	Sta. Tomas NHS	XI	Davao del Norte	Archery

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
527	Beverly C. Villanov	Sto. Tomas NHS	XI	Davao del Norte	Athletics
528	Rene G. Palmes	Sto. Tomas NHS	XI	Davao del Norte	Badminton
529	Nestor F. Laredo	Sto. Tomas NHS	XI	Davao del Norte	Baseball
530	Joseph T. Mizarke	Sto. Tomas NHS	XI	Davao del Norte	Basketball
531	Demardo J. Albutre	Sto. Tomas NHS	XI	Davao del Norte	Chess
532	Harold T. Lebrina	Sto. Tomas NHS	XI	Davao del Norte	Football
533	Maria Margin S. Bandoy	Sto. Tomas NHS	XI	Davao del Norte	Gymnastics
534	Aldrin A. Martinez	Sto. Tomas NHS	XI	Davao del Norte	Sepak Takraw
535	Maipsela I. Suong	Sto. Tomas NHS	XI	Davao del Norte	Softball
536	Manuel H. Legaspio	Sto. Tomas NHS	XI	Davao del Norte	Table Tennis
537	Felinita II R. Villacura	Sto. Tomas NHS	XI	Davao del Norte	Volleyball
538	Ismael J. Ilegan Jr.	Sto. Tomas NHS	XI	Davao del Norte	Volleyball
539	Calab P. Maliza	Temple Christian School, Inc	XI	Davao del Norte	Volleyball
540	Maria C. Mondejar	DepEd Davao del Sur Division	XI	Davao del Sur	Coordinator
541	Gabrin D. Lausa	Hagonoy NHS	X	Davao del Sur	Chess
542	Flenita Marika	Hagonoy NHS	X	Davao del Sur	Coordinator
543	Chansavit C. Bodikoy	Hagonoy NHS	XI	Davao del Sur	Swimming
544	Hazel C. Iligan	Hagonoy NHS	XI	Davao del Sur	Tennis
545	Jennifer B. Sianda	Matanao NHS	XI	Davao del Sur	Archery
546	Jerma B. Zabala	Matanao NHS	X	Davao del Sur	Athletics
547	Damabe M. Naslisco	DepEd Davao Oriental Division	XI	Davao Oriental	Chess
548	Arnie Belan C. Abangan	Digos City NHS	XI	Digos City	Arnis
549	Rehuel T. Fabillar	Digos City NHS	XI	Digos City	Badminton
550	Yoshiko R. Morako	Digos City NHS	XI	Digos City	Football
551	Lulero T. Guinaling	Digos City NHS	XI	Digos City	Sepak Takraw
552	Arlene D. Baccarante	Digos City NHS	XI	Digos City	Table Tennis
553	Lovella C. Labayan	Digos City NHS	XI	Digos City	Volleyball
554	Ahwin O. Escalona	Kapatagan NHS	XI	Digos City	Athletics
555	Eduardo A. Real	Kapatagan NHS	XI	Digos City	Sepak Takraw
556	Ray L. Rabuya	Mati National Comprehensive HS	XI	Mati City	Arnis
557	Anabelle J. Balicuz	Mati National Comprehensive HS	XI	Mati City	Athletics
558	Donald S. Agroy	Mati National Comprehensive HS	XI	Mati City	Badminton
559	Gemina B. Owan	Mati National Comprehensive HS	XI	Mati City	Badminton
560	Alice I. Sorio	Mati National Comprehensive HS	XI	Mati City	Coordinator
561	Jean Christl B. Rivora	Mati National Comprehensive HS	XI	Mati City	Tennis
562	Noel M. Coquilla	San Vicente NHS	XI	Panebo City	No Event
563	Jocelyn E. Dula Cuesita	DepEd Regional Office XI	XI	Regional Office	Coordinator
564	Zaida C. Apolonio	Tagum City Natl Comprehensive HS	XI	Tagum City	Badminton
565	Vladimir D. Santos	Tagum City Natl Comprehensive HS	XI	Tagum City	Gymnastics
566	Nelson C. Difera	Tagum City Natl Comprehensive HS	XI	Tagum City	Gymnastics
567	Ruby Rosa A. Hanson	Tagum City Natl Comprehensive HS	XI	Tagum City	Gymnastics
568	Charmaine V. Luvito	Tagum City Natl Comprehensive HS	XI	Tagum City	Softball
569	Emma V. Fernando	Tagum City Natl Comprehensive HS	XI	Tagum City	Swimming
570	Flordelin D. Buyao	Tagum City Natl Comprehensive HS	XI	Tagum City	Table Tennis
571	Miraluz O. Panaligan	Tagum City Natl Comprehensive HS	XI	Tagum City	Table Tennis
572	Maria Jada L. Jabon	Tagum City Natl Comprehensive HS	XI	Tagum City	Taekwondo
573	Lydia Y. Cabalingan	Tagum City NHS	XI	Tagum City	Volleyball
574	Victorino A. Fuentes Jr	DepEd General Santos City Division	XII	General Santos City	Coordinator
575	Mark Kelvin A. Fuentes	General Santos City NHS	XI	General Santos City	Archery
576	Maychelou R. Castillo	General Santos City NHS	XI	General Santos City	Badminton
577	Raymond June R. Alberca	General Santos City NHS	XI	General Santos City	Baseball
578	Gilda F. Canoy	General Santos City NHS	XII	General Santos City	Softball
579	Alfredo C. Elar	General Santos City NHS	XII	General Santos City	Swimming
580	Gwan Ann J. Manos	Labangal NHS	XII	General Santos City	Athletics
581	Ma Eileen T. Derrica	Labangal NHS	XI	General Santos City	Badminton
582	Elmer M. Abay	Kidapawan City NHS	XII	Kidapawan City	Athletics
583	Maguid L. Makasimbual	Kidapawan City NHS	XII	Kidapawan City	Sepak Takraw
584	Garrison R. Laniton	Kidapawan City NHS	XII	Kidapawan City	Volleyball
585	Iraael T. Dakso	Agay NHS	CARAGA	Agusan del Norte	Sepak Takraw

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
586	Abelardo A. Mosbato	Kilcharan NHS	CARAGA	Agusan del Norte	Arnis
587	Jelord C. Lofranco	Agusan Sur NHS	CARAGA	Agusan del Sur	Badminton
588	Katherine M. Dequila	Agusan Sur NHS	CARAGA	Agusan del Sur	Badminton
589	Bonifa S. Palomo	Agusan Sur NHS	CARAGA	Agusan del Sur	Basketball
590	Joydelza P. Sanchez	Agusan Sur NHS	CARAGA	Agusan del Sur	Chess
591	Haydee P. Mangaldao	Agusan Sur NHS	CARAGA	Agusan del Sur	Coordinator
592	Tessa Maria Baylan	Agusan Sur NHS	CARAGA	Agusan del Sur	Gymnastics
593	Jancito L. Elbina	Agusan Sur NHS	CARAGA	Agusan del Sur	Softball
594	Madell T. Andriano	Agusan Sur NHS	CARAGA	Agusan del Sur	Swimming
595	Rouette B. Nakite	Agusan Sur NHS	CARAGA	Agusan del Sur	Swimming
596	Gilbert G. Muanag	Agusan Sur NHS	CARAGA	Agusan del Sur	Table Tennis
597	Dennis C. Quijada	Agusan Sur NHS	CARAGA	Agusan del Sur	Table Tennis
598	Rachel L. Gilis	Agusan Sur NHS	CARAGA	Agusan del Sur	Taekwondo
599	Jessica Q. Pastoral	Agusan Sur NHS	CARAGA	Agusan del Sur	Taekwondo
600	Jesse Jim M. Pajaron	Agusan Sur NHS	CARAGA	Agusan del Sur	Volleyball
601	Jenny May A. Misa	Agusan Sur NHS	CARAGA	Agusan del Sur	Volleyball
602	Luzmardo C. Pernis	Cannon NHS	CARAGA	Agusan del Sur	Softball
603	Cyria B. Marindel	Kapalongan NHS	CARAGA	Agusan del Sur	Volleyball
604	Himfa P. Belarabae	Stroobong NHS	CARAGA	Agusan del Sur	Coordinator
605	Junard E. Yuson	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Archery
606	Charry Fel R. Mejje	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Badminton
607	Jojo C. Ompod	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Basketball
608	Marilyn D. Ompod	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Basketball
609	Lenorel J. Orangan	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Football
610	April Joy R. Tablazo	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Gymnastics
611	Halymer A. Butal	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Gymnastics
612	Ronal D. Alfaraz	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Sepak Takraw
613	Chens Mae F. Tanquizon	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Softball
614	Robert D. Mondiola	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Swimming
615	Gieziel G. Sampilo	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Tennis
616	Charifer C. Buriel	Bayugan Nat'l Comprehensive HS	CARAGA	Bayugan City	Volleyball
617	Annie V. Ignacio	DepEd Bayugan City Division	CARAGA	Bayugan City	Coordinator
618	Joan G. James	Noli NHS	CARAGA	Bayugan City	Gymnastics
619	Malaya P. Galina	Agusan NHS	CARAGA	Davao City	Athletics
620	Edsyt C. Jamodiong	Agusan NHS	CARAGA	Buluan City	Softball
621	Arnold C. Razon	Agusan NHS	CARAGA	Buluan City	Volleyball
622	Ronaldo L. Labarte	DepEd Buluan City Division	CARAGA	Buluan City	Coordinator
623	Gay N. Deleger	Depa NHS	CARAGA	Sarangani	Badminton
624	Efrimaco P. Lopez	DepEd Surigao del Norte Division	CARAGA	Surigao del Norte	Coordinator
625	Maria Earl R. Condat	Surigao del Norte NHS	CARAGA	Surigao del Norte	Arnis
626	Lorna V. Rainos	Surigao del Norte NHS	CARAGA	Surigao del Norte	Taekwondo
627	Wendel B. Videz	Camp Siungao NHS	ARMM	Maguindanao II	Badminton
628	Marfelina L. Buenafe	Camp Siungao NHS	ARMM	Maguindanao II	Chess
629	Aloha C. Bagsingit	Camp Siungao NHS	ARMM	Maguindanao II	Tennis
630	Dina M. Elagino	Camp Siungao NHS	ARMM	Maguindanao I	Volleyball
631	Benaon B. Moga	Baguio Central School	CAR	Baguio City	Softball
632	Albin G. Santos	Baguio City NHS	CAR	Baguio City	Gymnastics
633	Paul F. Colingui	Baguio City NHS	CAR	Baguio City	Volleyball
634	Ortiz D. Gabal	Baguio City NHS	CAR	Baguio City	Volleyball
635	Brent L. Cumarwang	Baguio City NHS	CAR	Baguio City	Volleyball
636	Lourdes L. Colingan	Bonifacio ES	CAR	Baguio City	Athletics
637	Arthur Calvin K. Vargas	Ferna Golf Mission School	CAR	Baguio City	Basketball
638	Jackson T. Cayanos	Fernow ES	CAR	Baguio City	Coordinator
639	Martin T. Minzuza	Bagumbang HS	NCR	Calocan	Basketball
640	Marissa C. Austria	Las Pifias East NHS	NCR	Las Pifias City	Archery
641	Rosalina M. Ferrado	Las Pifias East NHS	NCR	Las Pifias City	Gymnastics
642	Bayani H. Titusquen	Baykal HS	NCR	Makati	Volleyball
643	Maria Luisa S. Del Rosario	Benigno "Ninoy" Aquino HS	NCR	Makati	Coordinator
644	Elebeigh F. Palaper	Fort Bonifacio HS	NCR	Makati	Sepak Takraw

NO.	NAME	SCHOOL	REGION	DIVISION	EVENT
645	Anna Lou M. Carreon	Fort Bonifacio IIS	NCR	Makati	Swimming
646	Milagros M. Rosamiran	FI Bonifacio HS	NCR	Makati	Badminton
647	Quanna P. Mahiny	Gen. Pio del Pilar NITS	NCR	Makati	Coordinator
648	Juan Miguel C. Osmeña	Makati High School	NCR	Makati	Basketball
649	Trinidad B. Macabuang	Makati High School	NCR	Makati	Volleyball
650	Raynaldo C. Castro	Makati High School	NCR	Makati	Volleyball
651	Danwin C. Soro	San Isidro NHS	NCR	Makati	Sepak Takraw
652	Gail Ellen M. Valido	Tibagan HS	NCR	Makati	Volleyball
653	Marcos B. Pabiano Jr.	Fort Bonifacio HS	NCR	Makati City	Volleyball
654	Sol DE Cayaban	A. Maceda Integrated HS	NCR	Manila	Sepak Takraw
655	Evelyn L. Orje	A. Maceda Integrated HS	NCR	Manila	Volleyball
656	Evanne V. Canlas	Antonio A. Maceda Integrated School	NCR	Manila	Taekwondo
657	Eduardo L. Kondo	Muntinlupa Science HS	NCR	Muntinlupa	Football
658	Jestrelle O. Bontuyan	Paranaque NHS	NCR	Paranaque City	Basketball
659	Jesse R. Sigua	Pasay City Solerico IIS	NCR	Pasay City	Badminton
660	Mike Lister L. Casper	Pasig Catholic College	NCR	Pasig	Basketball
661	Jeffrey Huang	Pasig Catholic College	NCR	Pasig	Swimming
662	Armando M. Casillo	Pasig Catholic College	NCR	Pasig	Taekwondo
663	Mary Jane C. Rabatan	Rizal HS	NCR	Pasig City	Archery
664	Jeffrey U. Dulay	Rizal HS	NCR	Pasig City	Amis
665	Raymind M. Miranda	Rizal HS	NCR	Pasig City	Amis
666	Teresita D. Baccrig	Rizal HS	NCR	Pasig City	Athletics
667	Stephanie D. Tarapa	Rizal HS	NCR	Pasig City	Badminton
668	Eufrocina C. Aure	Rizal HS	NCR	Pasig City	Badminton
669	Joyca Anna V. Payongayong	Rizal HS	NCR	Pasig City	Baseball
670	Marc D. Lising	Rizal HS	NCR	Pasig City	Basketball
671	Arsenia P. Columbras	Rizal HS	NCR	Pasig City	Chess
672	Marilyn A. Erasmo	Rizal IIS	NCR	Pasig City	Coordinator
673	Glenn L. Guardiano	Rizal HS	NCR	Pasig City	Football
674	Florence D. Villares	Rizal IIS	NCR	Pasig City	Gymnastics
675	Christy U. Purisima	Rizal HS	NCR	Pasig City	Sepak Takraw
676	Demosthenes B. Soriano	Rizal HS	NCR	Pasig City	Sepak Takraw
677	Virgilio A. Cruz Jr.	Rizal HS	NCR	Pasig City	Softball
678	Annalyn E. Ebrao	Rizal HS	NCR	Pasig City	Softball
679	Rudilyn M. Esmeralda	Rizal HS	NCR	Pasig City	Swimming
680	Nieves M. Concepcion	Rizal HS	NCR	Pasig City	Table Tennis
681	Raymund M. España	Rizal HS	NCR	Pasig City	Taekwondo
682	Alma D. Coronado	Rizal HS	NCR	Pasig City	Tennis
683	Rowana C. Logaspi	Rizal HS	NCR	Pasig City	Volleyball
684	Poly G. Sanchez	Rizal HS	NCR	Pasig City	Volleyball
685	Paulo James A. Santos	Ramon Magsaysay (Cubao) HS	NCR	Quezon City	Amis
686	Maria Celine F. Lim	Ramon Magsaysay (Cubao) HS	NCR	Quezon City	Athletics
687	Eva P. Custor	Ramon Magsaysay (Cubao) HS	NCR	Quezon City	Badminton
688	Rosalyn M. Calinawan	Ramon Magsaysay (Cubao) HS	NCR	Quezon City	Football

TRAINING ON THE PHYSICAL FITNESS TESTS

Baguio Teachers Camp, Baguio City

January 19-22, 2016

Training Objectives

The Training aims to:

1. enhance participants' knowledge of and skills in administering the Physical Fitness Tests.
2. set PFT norms of Filipino learners, and
3. Develop regional training plan on PFT

Workshop Design:

Day 1 - Arrival and Registration (1:00 PM - 10:00 PM)

- Submission of PFT results

Day 1

Time	Activity	Process	In-Charge	Resources Needed
9:00-10:00	Opening Program - Welcome Remarks Orientation and Mechanics	Plenary	Marivic B. Tolitol Dir. Jocelyn DR. Andaya Rosa Ligaya C. Domingo	Laptop, LCD projector, sound system
10:30-12:00	Benefits of Physical Fitness Open Forum	Plenary	Resource Person	Laptop, LCD projector, sound system
1:00-3:00	The Physical Fitness Tests Protocols Open Forum	Plenary	Resource Person	Laptop, LCD projector, sound system
3:00-5:00	The Physical Fitness Test Open Forum	Plenary	BSE Staff	Laptop, LCD projector, sound system
Output: Introduction on the PFT, its importance from adolescence to adulthood, predictive effect on one's body and lifestyle, its benefits and presentation of the different test protocols				

Day 2

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning		BSE Staff	Sound System
8:00-12:00	Administration of the PFT	Break out per test item	Facilitators	Testing venue
	Administration of the PFT	Break out per test item	Facilitators	Testing venue
Output: Results of facilitator and participant-administered PFT				

Day 3

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	BSE Staff	Sound System
8:00-10:00	Recording and Interpretation of Test Results (Consolidation of result in the last training)	Break out per test item	Resource Person	Playing venue
10:00-2:00	Setting the Filipino Norm	Plenary	Resource Person	Laptop, LCD projector, sound system, calculator
2:00-5:00	International Benchmarks	Plenary	BSE Staff	Laptop, LCD projector, sound system
Output: Draft set of PFT items				

Day 4

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	BSE Staff	Sound System
8:00-12:00	<i>Workshop</i> Regional Training Plan	Breakout by Region	Facilitator	
1:00-3:00	Cleaning House Next Steps	Plenary	BSE Staff	Laptop, LCD projector, sound system
3:00-5:00	Closing Program	Plenary	BSE Staff	Laptop, LCD projector, sound system
Output: Firmed up Regional Training Plans				

TRAINING ON THIRD LEVEL COACHING

Baguio Teachers Camp, Baguio City

January 25-29, 2016

Training Objectives

The Training aims to:

1. Certify participants as regional/national coaches; and
2. Further enhance the knowledge and skills of participants of the new trends and strategies in coaching a sports.

Training Design:

Day 0 - Arrival and Registration (1:00 PM - 10:00 PM)

Day 1

Time	Activity	Process	In-Charge	Resources Needed
9:00-10:00	Opening Program - Welcoming Remarks Orientation and Mechanics	Plenary	Marivic B. Tohtol Dir. Jocelyn DR Andaya Ross Irgaya C. Domingo	Laptop, LCD projector, sound system
10:00-12:00	Regional and National Coaching Standards Open Forum	Plenary	Regional/National Coach	Laptop, LCD projector, sound system
1:00-3:00	Basic Physiology	Plenary	Resource Person	Laptop, LCD projector, sound system
3:00-6:00	Sports Medicine	Plenary	Resource Person	Laptop, LCD projector, sound system
Output: Articulated standards for regional/national coaches				

Day 2

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:15	Management of Learning		BSC Staff	Sound System
8:00-12:00	<i>Lecture/Practicum</i> Pre-Test Review of Coaching Concepts	Break out per sports discipline	Resource Person	Playing venue
1:00-5:00	<i>Lecture/Practicum</i> Physical Conditioning: Training the Advanced/ Elite Athletes	Break out per sports discipline	Resource Person	Playing venue
Output: Return demo on coaching and physical conditioning				

Day 3

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	HSE Staff	Sound System
8:00-12:00	<i>Lecture/Practicum</i> Physiology (sports specific)	Break out per sports discipline	Resource Person	Playing venue
1:00-5:00	<i>Lecture/Practicum</i> Biomechanics (Sports Specific)	Break out per sports discipline	Resource Person	Playing venue

Output: Return demo on applied coaching strategies.

Day 4

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	HSE Staff	Sound System
8:00-3:00	<i>Lecture/Practicum</i> Updates on Rules and Regulations (Sports Specific)	Break out per sports discipline	Resource Person	Playing venue
3:00-5:00	<i>Lecture/Practicum</i> Performance Assessment Post Test	Break out per sports discipline	Resource Person	Playing venue

Output: Return demo on sports specific rules and regulation and performance assessment.
Results of Post-test

Day 5

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	HSE Staff	Sound System
8:30-11:00	<i>Workshop</i> Training Plan Training Session Progression	Break out per sports discipline	Resource Person	Playing venue
	Clearing House Next Steps	Break out per sports discipline		Playing venue
1:00-2:00	Certification of Coaches Closing Program	Plenary	HSE Staff	Laptop, LCD projector, sound system

Output: Training plan for athletes and Certification of coaches

TRAINING ON COACHING FOR BEGINNERS

Baguio Teachers Camp, Baguio City

May 16-20, 2016

Training Objective

The Training aims to build the capacity of participants in basic coaching and strategies in coaching.

Training Design:

Day 0 - Arrival and Registration (1:00 PM - 10:00 PM)

Day 1

Time	Activity	Process	In-Charge	Resources Needed
9:00-10:00	Opening Program Orientation and Mechanics	Plenary	BSE Staff Dr. Jocelyn DR Andaya	Laptop, LCD projector, sound system
10:00-12:00	Introduction to Coaching Open Forum	Plenary	BSE Staff	Laptop, LCD projector, sound system
1:00-3:00	Introduction to Exercise and Sport Physiology Open Forum	Plenary	Resource Person	Laptop, LCD projector, sound system
5:00-8:00	Psychosocial Aspects in Sports Open Forum	Plenary	Resource Person	Laptop, LCD projector, sound system

Output: Articulated standards for sports coaching

Day 2

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning		BSE Staff	Sound System
8:00-12:00	<i>Lecture/Practicum</i> Pre-Test Fundamentals of Coaching	Break out per sports discipline	Resource Person	Playing venue
1:00-5:00	<i>Lecture/Practicum</i> Coaching Principles and Strategies	Break out per sports discipline	Resource Person	Playing venue

Output: Results of pre-test and practicum.

Day 3

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	BSE Staff	Sound System
8:00-12:00	<i>Lecture/Practicum</i> Physical Conditioning	Break out per sports discipline	Resource Person	Playing venue
1:00-5:00	<i>Lecture/Practicum</i> Mental Conditioning	Break out per sports discipline	Resource Person	Playing venue

Output: Results of practicum on applied coaching strategies

Day 4

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	BSE Staff	Sound System
8:00-3:00	<i>Lecture/Practicum</i> Strength Training	Break out per sports discipline	Resource Person	Playing venue
3:00-5:00	<i>Lecture/Practicum</i> Practicum session	Break out per sports discipline	Resource Person	Playing venue

Output: Results of the practicum on coaching strategies.

Day 5

Time	Activity	Process	In-Charge	Resources Needed
7:45-8:00	Management of Learning	Plenary	BSE Staff	Sound System
8:00-10:00	<i>Lecture/Practicum</i> Practicum session Post Test	Break out per sports discipline	Resource Person	Playing venue
10:30-12:00	Clearing House Next Steps	Break out per sports discipline	SPS Team Lead	Playing venue
1:00-2:00	Closing Program	Plenary	BSE Staff	Laptop, LCD projector, sound system

Output: Results of the post test.