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Most Essential Learning Competencies (MELCs)



			Select the best product or service that will meet the market need		
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Note: Simulation of a Simple Home-Based Micro Business aligned to the mini course/s taken, may be employed as an alternative.

GRADE LEVEL: 9/10/11/12

SUBJECT: NEEDLECRAFT

NOMINAL HOURS: 160 HOURS

COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 ST QUARTER	The learner applies the principles of art and handicraft to create a beautiful and marketable embroidered product.	The learner performs skillfully the use of design, materials, and techniques to create embroidered products.	LO 1. Understand concepts related to needlecraft 1.1 Identify major needlecraft techniques 1.2 State safety and precautionary measures	1 WEEK	TLE_HEHC9-12PE-1a-b-2
			LO 1. Understand embroidery as a craft and its techniques 1.1 Define embroidery as a needlecraft technique 1.2 Identify the tools and materials used;	1 WEEK	TLE_HEHC9-12PE-1a-b-2
			LO 2. Create embroidered products with package 2.1 Manipulate properly the tools and materials for embroidery 2.2 Combine stitching techniques in embroidery, Calado and smocking to create a well-made project. 2.3 Select appropriate and quality packaging material for embroidered articles	6 WEEKS	TLE_HEHC9-12PE-1c-j-2

2 ND QTR.	The learner applies the principles of art and handicraft to create a beautiful and marketable crocheted product.	The learner performs skillfully the use of design, materials, and techniques to create crocheted products.	LO 1. Understand Crocheting as a Technique 1.1 Define the technique of crocheting; 1.2 Identify the tools and materials used	1 WEEK	TLE_HEHC9-12PC-IIa-b-1
			LO 2. Make Crocheted products with project plan 2.1 Discuss crochet terms and abbreviations; 2.2 Perform basic stitches in crocheting showing proper use of materials	6 WEEKS	TLE_HEHC9-12PC-IIc-h-2
			2.3 Prepare project plan 2.4 Select appropriate packaging materials 2.5 Evaluate quality of finished product	1 WEEK	
3 RD QUARTER	The learner applies the principles of art and handicraft to create a beautiful and marketable knitted product	The learner performs skillfully the use of design, materials, and techniques to create knitted products.	LO 1. Understand knitting as a needlecraft 1.1 Describe definition and characteristics of knitted products 1.2 Identify tools and materials for knitting	1 WEEK	TLE_HEHC9-12PK-IIIa-b-4
			LO 2. Produce knitted articles with packaging 2.1 Perform basic stitches in knitting 2.2 Demonstrate proper use of materials, tools and equipment in knitting	6 WEEKS	TLE_HEHC9-12PK-IIIc-j-5
			2.3 Prepare project plan for the expected knitted articles 2.4 Select appropriate quality packaging material for knitted articles	1 WEEK	
4 TH QUARTER	The learner applies the principles of art and handicraft to create a	The learner performs skillfully the use of design, materials,	LO 1. Understand Quilting as a Technique 1.1 Discuss the overview of Quilting 1.2 Demonstrate proper use of tools and materials in Quilting	1 WEEK	TLE_HEHC9-12PQ-IVa-b-6

	beautiful and marketable quilted product	and techniques to create quilted products.			
			LO 2. Make Quilted products with package 2.1 Apply Quilt stitches on selected project 2.2 Prepare project plan for the expected quilted articles	6 WEEKS	TLE_HEHC9-12PQ-IIc-j-7
			2.3 Select appropriate quality packaging material for finished project 2.4 Evaluate the quality/characteristics of finished product (use rubrics)	1 WEEK	

GRADE LEVEL: 9/10/11/12

SUBJECT: MACRAME/BASKETRY

NOMINAL HOURS: 160 HOURS

COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 ST QUARTER	The learner demonstrates an understanding of the concepts and principles in macramé and basketry	The learner independently demonstrates core competencies in macramé and basketry	1. Explain core concepts and principles in macramé and basketry 2. Discuss the relevance of the course	1 WEEK	
			LO 1. Trace the origin of macramé and basketry 1.1 Discuss history and development of macramé and basketry		TLE_HEHC9-12T M-Ia-1
			LO 2. Enumerate different kinds of macramé and basketry products 2.1 Describe different products of macramé and basketry	1 WEEK	TLE_HEHC9-12TM-Ib-c-2

			LO 4. Use basic tools in macramé and basketry 4.1. Identify materials, tools and equipment for macramé and basketry 4.2. Demonstrate proper use of materials, tools and equipment in macramé and basketry	1 WEEK	TLE_HEHC9-12TM-le-f-4
			LO 5. Differentiate the kinds of macramé knots and basketry weaving techniques and patterns 5.1. Identify the different macramé knots and basketry weaving techniques and patterns 5.2. Describe the different kinds of macramé knots and basketry weaving patterns 5.3. Select appropriate macramé knots and basketry weaving techniques and patterns 5.4. Demonstrate the different kinds of macramé knots and basketry weaving patterns	2 WEEKS	TLE_HEHC9-12TM-ig-5
			LO 6. Follow methods and procedures in making macramé and basketry products 6.1. Discuss different methods and procedures in making macramé and basketry products 6.2. Follow procedures and techniques in making macramé and basketry products 6.3.	3 WEEKS	TLE_HEHC9-12TM-ih-6
2 ND QUARTER	The learner demonstrates an understanding of the concepts and principles in macramé and basketry	The learner independently demonstrates core competencies in macramé and basketry	LO 1. Produce quality macramé and basketry products 1.1. Make project proposal for making macramé and basketry products	6 WEEKS	TLE_HEHC9-12PP-IIa-j-8
			LO 2. Calculate the cost of production and selling price of macramé and basketry products	2 WEEKS	TLE_HEHC9-12PP-IIa-j-9

			<ul style="list-style-type: none"> 2.1 Compute cost of raw materials 2.2 Compute for the selling price of the finished product 		
3 RD QUARTER	The learner demonstrates an understanding of the concepts and principles in macramé and basketry	The learner independently demonstrates core competencies in macramé and basketry	LO 1. Plan a design for a macramé product <ul style="list-style-type: none"> 1.1 Choose a design 1.2 Sketch the design 	2 WEEKS	TLE_HEHC9-12MP-IIIa-11
			LO 2. Produce the following macramé projects <ul style="list-style-type: none"> 3.1 Bag 3.2 Basket 3.3 Apply creativity in each product 	6 WEEKS	TLE_HEHC9-12 MP –IIIc-e-13
4 TH QUARTER	The learner demonstrates an understanding of the concepts and principles in macramé and basketry	The learner independently demonstrates core competencies in macramé and basketry	LO 1. Plan a design for a basketry product	2 WEEKS	TLE_HEHC9-12BP-IVa-b-16
			LO 2. Get the measurement of the product to be made		TLE_HEHC9-12BP –IVa-b-17
			LO 3. Produce the following basketry projects <ul style="list-style-type: none"> 3.1 School bag 3.2 Market bag 3.3 Food tray 3.4 Apply creativity in each product 	6 WEEKS	TLE_HEHC9-12BP –Ivc-j-18
			LO 4. Package the finished project <ul style="list-style-type: none"> 4.1. Select appropriate quality packaging material for finished project 4.2. Apply creativity in packaging 4.3. Arrange products for packaging 	1 WEEK	TLE_HEHC9-12BP –Ivc-j-19

GRADE LEVEL: 9/10/11/12
SUBJECT: FASHION ACCESSORIES
NOMINAL HOURS: 160 HOURS
COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 ST QUARTER	The learner demonstrates understanding of concepts, theories and techniques in making Fashion Accessories	The learner independently demonstrates common competencies in making Fashion Accessories	LO 1: Trace the history & development of fashion accessory production	2 WEEKS	TLE_HEHC9-12FA-Ia-b-1
			LO 2: Select materials tools and equipment in making fashion accessories 2.1 Identify materials tools and equipment in making fashion accessories.		TLE_HEHC9-12FA-Id-3
			LO 3: Use basic tools in fashion accessory 3.1 Discuss the functions and uses of each materials, tools and equipment 3.2 Demonstrate techniques and procedures in using the tools inmaking fashion accessory	5 WEEKS	TLE_HEHC9-12FA-Id-4
			LO 4: Identify Fashion Accessory cost component 4.1 Compute production cost 4.2 Purchase fashion accessory materials	1 WEEK	TLE_HEHC9-12FM-Ie-j-5
2 ND QUARTER	The learner demonstrates understanding of concepts, theories and techniques in making Fashion Accessories	The learner independently demonstrates common competencies in making Fashion Accessories	LO 1: Follow methods and procedures in making fashion accessory 1.1 Discuss different methods, techniques and procedures in making Fashion Accessory projects/products	2 WEEKS	TLE_HEHC9-12PA-Ila-e-6

			1.2 Demonstrate methods / procedures in making Fashion Accessory projects / products	5 WEEKS	
			LO 2: Describe quality projects / products of Fashion Accessory 2.1 Discuss the different characteristics of a quality fashion accessory projects / products 2.2 Apply elements of arts and principles of design in fashion accessory projects / products 2.3 Select quality supply and materials for fashion accessory	1 WEEK	TLE_HEHC9-12PA-IIf-h-7
			LO 3: Prepare packaging of finished Fashion Accessory 3.1 Select appropriate quality packaging materials for fashion accessory 3.2 Apply creativity in packaging	1 WEEK	TLE_HEHC9-12PA-IIIj-8
3 RD QUARTER	The learner demonstrates understanding of concepts, theories and techniques in making Origami	The learner independently demonstrates common competencies in making Origami	LO 1:Trace the history & development of origami, paper mache (vases) production 1.1 Discuss history and development of Origami	1 WEEK	TLE_HEHC9-12OP-IIIa-c10
			LO 2: Plan a design and pattern for an origami paper craft (vases/frames) 2.1 Discuss the design to be made 2.2 Sketch the design	1 WEEK	TLE_HEHC9-12OP-IIIId-e-11
			LO 3: Select materials for making origami 3.1 Identify materials suited for making a origami		TLE_HEHC9-12OP-IIIIf-12
			LO 4: Follow methods and procedures in making origami 4.1 Demonstrate methods / procedures in making origami projects / products	5 WEEKS	TLE_HEHC9-12OP-IIIg-13

			LO 5: Produce the following products 5.1 vases 5.2 frames		TLE_HEHC9-12OP-IIIh-j-14
4 TH QUARTER	The learner demonstrates understanding of concepts, theories and techniques in making Origami	The learner independently demonstrates common competencies in making Origami	PERFORM ORIGAMI PRODUCTION – PAPER CRAFT (VASE/FRAMES) LO 6: Describe quality projects and products of origami 6.1 Discuss the different characteristics of a quality origami projects / products 6.2 Apply elements of arts and principles of design in producing origami projects / products 6.3 Select quality supply and materials for origami	6 WEEKS	TLE_HEHC9-12OP-IVa-e-15
			LO 7: Package the finished origami paper craft (vases/frames) 7.1 Select appropriate quality packaging material for fashion accessory 7.2 Apply creativity in packaging	2 WEEKS	TLE_HEHC9-12OP-IVf-j-16

GRADE LEVEL: 9-10 or 11-12

SUBJECT: DRESSMAKING (1)

NOMINAL HOURS: 160 HOURS

COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 ST QUARTER	The learner demonstrates understanding on the principles of designing and sewing of sleeping garments	The learner plan, design and sew sleeping garments.	PRODUCE SLEEPING GARMENTS LO 1. Draft and cut pattern for sleeping garments 1.1. Plan garment design 1.2. Take client's body measurement 1.3. Draft basic/ block pattern 1.4. Cut final Pattern	4 WEEKS	TLE_HEDM9-12SG-Ia-f-1

			LO 2. Prepare and cut materials for sleeping garments 2.1 Prepare materials 2.2 Lay- out and pin patterns on fabrics 2.3 Cut fabrics	4 WEEKS	TLE_HEDM9-12SG-Ig-i-2
2 ND QUARTER			LO 3. Assemble sleeping garments parts 3.1 Prepare cut parts 3.2 Sew and assemble sleeping garments parts	6 WEEKS	TLE_HEDM9-12SG-IIa-g-3
			LO 4. Apply finishing touches on sleeping garments 4.1 Apply finishing touches 4.2 Alter completed garment 4.3 Press finished garment 4.4 Pack finished garment	2 WEEKS	TLE_HEDM9-12SG-IIh-j-4
3 RD QUARTER	The learner demonstrates understanding on the principles of designing and sewing children's wear	The learner plan, design and sew children's wear.	PRODUCE CHILDREN'S WEAR LO 1. Draft and cut pattern for children's dress 1.5. Plan garment design 1.6. Take client's body measurement 1.7. Draft basic/ block pattern 1.8. Cut final Pattern	4 WEEKS	TLE_HEDM9-12CW-IIIa-h-5
			LO 2. Prepare and cut materials for children's dress 2.4 Prepare materials 2.5 Lay- out and pin patterns on fabrics 2.6 Cut fabrics	4 WEEKS	TLE_HEDM9-12CW-IIIi-j-6
4 TH QUARTER			LO 3. Assemble garment parts for children's wear 3.1 Prepare cut parts 3.2 Sew and assemble children's wear	6 WEEKS	TLE_HEDM9-12CW-IVa-h-7

			LO 4. Apply finishing touches on children's wear 4.1 Apply finishing touches 4.2 Alter completed garment 4.3 Press finished garment 4.4 Pack finished garment	2 WEEKS	TLE_HEDM9-12CW-IVi-j-8
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GRADE LEVEL: 9-10 or 11-12
SUBJECT: DRESSMAKING (2)
NOMINAL HOURS: 160 HOURS
COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 ST QUARTER	The learner demonstrates understanding on the principles of designing and sewing of ladies skirts.	The learner plan, design and sew ladies skirts.	LO 1. Draft and cut pattern for ladies skirts 1.1. Plan garment design 1.2. Take client's body measurement 1.3. Draft basic/ block pattern 1.4. Cut pattern	3 WEEKS	TLE_HEDM9-12SK-Ia-c-1
			LO 2. Prepare and cut materials for ladies skirts 2.1 Prepare materials 2.2 Lay- out and mark pattern on material 2.3 Cut materials	3 WEEKS	TLE_HEDM9-12SK-Id-2
			LO 3. Assemble garment parts for ladies skirts 3.1 Prepare cut parts 3.2 Sew and assemble athletic ladies skirts	2 WEEKS	TLE_HEDM9-12SK-Ie-i-3
			LO 4. Apply finishing touches on ladies skirts 4.1 Apply finishing touches 4.2 Press finished garment 4.3 Pack finished garment	1 WEEK	TLE_HEDM9-12SK-Ij-4

2 ND QUARTER	The learner demonstrates understanding on the principles of designing and sewing of ladies blouse.	The learner plan, design and sew ladies blouse.	LO 1. Draft and cut pattern for ladies blouse 1.5. Plan garment design 1.6. Take client's body measurement 1.7. Draft basic/ block pattern 1.8. Cut pattern	3 WEEKS	TLE_HEDM9-12BL-IIa-d-5
			LO 2. Prepare and cut materials for ladies blouse 2.4 Prepare materials 2.5 Lay- out and mark pattern on material 2.6 Cut materials	3 WEEKS	TLE_HEDM9-12BL-IIe-6
			LO 3. Assemble garment parts for ladies blouse 3.3 Prepare cut parts 3.4 Sew and assemble athletic ladies skirts	2 WEEKS	TLE_HEDM9-12BL-IIf-i-7
			LO 4. Apply finishing touches on ladies blouse 4.4 Apply finishing touches 4.5 Press finished garment 4.6 Pack finished garment	1 WEEK	TLE_HEDM9-12BL-IIj-8
3 RD QUARTER	The learner demonstrates understanding on the principles of designing and sewing ladies trousers.	The learner plan, design and sew ladies trousers	LO 1. Draft and cut pattern for ladies trouser 1.9. Plan garment design 1.10. Take client's body measurement 1.11. Draft basic/ block pattern 1.12. Cut pattern	4 WEEKS	TLE_HEDM9-12TR-IIIa-h-9
			LO 2. Prepare and cut materials for ladies trouser 2.7 Prepare materials 2.8 Lay- out and mark pattern on material 2.9 Cut materials	4 WEEKS	TLE_HEDM9-12TR-IIIi-j-10

4 TH QUARTER			LO 3. Assemble garment parts for ladies trouser 3.5 Prepare cut parts 3.6 Sew and assemble athletic ladies skirts	4 WEEKS	TLE_HEDM9-12TR-lva-h-11
			LO 4. Apply finishing touches on ladies trouser 4.7 Apply finishing touches 4.8 Press finished garment 4.9 Pack finished garment	4 WEEKS	TLE_HEDM9-12TR-IVI-j-12

GRADE LEVEL: 9-10/11-12
SUBJECT: TAILORING
NOMINAL HOURS: 160 HOURS
COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Codes
1 ST QUARTER	The learners demonstrate an understanding of the principles of designing and sewing of athletic shorts.	The learners plans, designs and sews athletic shorts.	LO 1. Draft and cut pattern for athletic shorts 1.1. Plan garment design 1.2. Take client's body measurement 1.3. Draft basic/block pattern 1.4. Cut final pattern	2 WEEKS	TLE_HETL9-12SO-la-c-1
			LO 2. Prepare and cut materials for athletic shorts 2.1 Prepare materials 2.2 Lay out and pin pattern pieces on the fabric 2.3 Cut fabric	4 WEEKS	TLE_HETL9-12SO-ld-e-2
			LO 3. Assemble garment parts for athletic shorts 3.1 Sew and assemble athletic shorts parts		TLE_HETL9-12SO-if-i-3

			LO 4. Apply finishing touches on athletic shorts 4.1 Apply finishing touches 4.2 Press finished garment 4.3 Pack finished garment	2 WEEKS	TLE_HETL9-12SO-lj-4
2 ND QUARTER	The learners demonstrate an understanding of the principles of designing and sewing jogging pants.	The learners plans, designs and sews jogging pants.	LO 1. Draft and cut pattern for jogging pants 1.5. Plan garment design 1.6. Take client's body measurement 1.7. Draft basic/block pattern 1.8. Cut final pattern	2 WEEKS	TLE_HETL9-12JP-IIa-c-5
			LO 2. Prepare and cut materials for jogging pants 2.4 Prepare materials 2.5 Lay out and pin pattern pieces on the fabric 2.6 Cut fabric	2 WEEKS	TLE_HETL9-12JP-IIId-6
			LO 3. Assemble garment parts for jogging pants 3.2 Sew and assemble athletic shorts parts	3 WEEKS	TLE_HETL9-12JP-IIe-i-7
			LO 4. Apply finishing touches on jogging pants 4.4 Apply finishing touches 4.5 Press finished garment 4.6 Pack finished garment	1 WEEK	TLE_HETL9-12JP-IIj-8
3 RD QUARTER	The learners demonstrate an understanding of the principles of designing and sewing athletic shirts.	The learners plans, designs and sews athletic shirts.	LO 1. Draft and cut pattern for athletic shirts 1.9. Plan garment design 1.10. Take client's body measurement 1.11. Draft basic/block pattern 1.12. Cut final pattern	2 WEEKS	TLE_HETL9-12SI-IIId-c-9
			LO 2. Prepare and cut materials for athletic shirts 2.7 Prepare materials	2 WEEKS	TLE_HETL9-12SI-IIId-10

			2.8 Lay out and pin pattern pieces on the fabric 2.9 Cut fabric		
			LO 3. Assemble garment parts for athletic shirts 3.3 Prepare cut parts 3.4 Sew and assemble athletic shorts parts 3.5 Alter completed garment	3 WEEKS	TLE_HETL9-12SI-IIIe-i-11
			LO 4. Apply finishing touches on athletic shirts 4.7 Apply finishing touches 4.8 Press finished garment 4.9 Pack finished garment	1 WEEK	TLE_HETL9-12SI-IIIj-12
4 TH QUARTER	The learners demonstrate an understanding of the principles of designing and sewing athletic jackets.	The learners plans, designs and sews athletic jackets.	LO 1. Draft and cut pattern for athletic jackets 1.13. Plan garment design 1.14. Take client's body measurement 1.15. Draft basic/block pattern 1.16. Cut final pattern	2 WEEKS	TLE_HETL9-12JA-IVa-b-13
			LO 2. Prepare and cut materials for athletic jackets 2.10 Prepare materials 2.11 Lay out and pin pattern pieces on the fabric 2.12 Cut fabric	2 WEEKS	TLE_HETL9-12JA-IVc-d-14
			LO 3. Assemble garment parts for athletic jackets 3.6 Sew and assemble athletic shorts parts	3 WEEKS	TLE_HETL9-12JA-IVe-i-15
			LO 4. Apply finishing touches on athletic jackets 4.1 Apply finishing touches 4.2 Press finished garment 4.3 Pack finished garment	1 WEEK	TLE_HETL9-12JA-IVj-16

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GRADE LEVEL: 9-10/11-12
SPECIALIZATION: HAIRDRESSING I
NOMINAL HOURS: 160 hours
COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 ST QUARTER	The learner demonstrates an understanding of the core concepts and theories in hair care and scalp treatment.	The learner demonstrates common and core competencies in performing hair care and scalp treatment services.	LO 1. Treatment of hair and scalp 1.1. Appreciate the benefits of scalp and hair treatment 1.2. Analyze scalp and hair structure 1.3. Distinguish diseases and disorders of scalp and hair 1.4. Observe safety precautions and sanitation while at work 1.5. Explain the different types of shampoo and conditioner	1 WEEK	TLE_HEHD9-12TS-1a-1
			LO 2. Prepare client 2.1 Assist client in accordance with salon procedures 2.2 Provide appropriate clothing according to the desired type of service, and size and built of the client 2.3 Advise client to remove all jewelry and accessories	1 WEEK	TLE_HEHD9-12TS-1b-2
			LO 3. Apply shampoo and/or conditioner on the client 3.1 Shampoo and/or condition hair as required and following standard procedure 3.2 Ensure client's safety and comfort during the entire process	2 WEEKS	TLE_HEHD9-12TS-1b-3
			LO 4. Blow-dry hair	2 WEEKS	TLE_HEHD9-12TS-1c-4

			<p>4.1 Towel dry and comb hair according to service requirements</p> <p>4.2 Blow-dry hair according to service requirements and following standard procedure</p> <p>4.3 Apply finishing product on blow-dried hair according to product specifications</p>		
			<p>LO 5. Perform post-service activities</p> <p>3.1 Clean, sanitize, and store tools and equipment according to OHS requirements</p> <p>3.2 Segregate and dispose waste materials according to OHS requirements</p>	1 WEEK	TLE_HEHD9-12TS-Id-5
2 ND QUARTER	The learner demonstrates an understanding of the core concepts and theories in hair care and scalp treatment.	The learner demonstrates common and core competencies in performing hair care and scalp treatment services.	<p>Scalp and hair treatment</p> <p>LO 6. Prepare client</p> <p>6.1 Determine client's health and restrictions through consultation</p> <p>6.2 Analyze client's scalp and hair condition following salon safety policies and procedures</p> <p>6.3 Prepare and use protective clothing according to OHS</p>	2 WEEKS	TLE_HEHD9-12TS-Ie-6
			<p>LO 7. Treat hair condition</p> <p>7.1 Select and prepare supplies/materials and hair treatment product</p> <p>7.2 Perform hair treatment following established or acceptable procedures</p> <p>7.3 Check results based on client's desired outcome</p> <p>7.4 Ensure client's safety and comfort during the entire process</p>	6 WEEKS	TLE_HEHD9-12TS-If-g-7
3 RD QUARTER	The learner demonstrates an understanding of the	The learner demonstrates common and core	<p>LO 1. Fundamentals in Hair Perming</p> <p>a. Express ideas clearly on the benefits of hair perming</p>	2 WEEKS	TLE_HEHD9-12HP-Ila-b-1

	core concepts and theories in hair perming	competencies in performing hair perming.	<ul style="list-style-type: none"> b. Use appropriate tools, materials in permanent waving c. Perform the steps in sectioning, blocking, and winding of hair d. Observe safety rules and reminders in hair perming e. Discuss the procedures in hair perming <p>2.2 Perform the procedures in permanent waving</p>		
			<p>LO 2. Prepare client</p> <p>2.1 Advise client to remove all personal accessories</p> <p>2.2 Determine if previous chemical treatment exists</p> <p>2.3 Check scalp condition if free from scratches and open wounds</p> <p>2.4 Advise client to defer hair perming if adverse scalp and health conditions exist</p> <p>2.5 Confirm types of hair curls with client</p>	1 WEEK	TLE_HEHD9-12HP-IIC-2
			<p>LO 3. Perm hair</p> <p>3.1 Prepare and use necessary tools, equipment, supplies/materials following salon policies and procedures and OHS requirements</p> <p>3.2 Prepare perm solution according to client's hair type, texture/condition and product specifications</p> <p>3.3 Perform hair perming in accordance with established or standard procedures and product specifications</p> <p>3.4 Rinse hair thoroughly, towel-dry and apply conditioner</p> <p>3.5 Ensure client's safety and comfort during the entire process</p>	4 WEEKS	TLE_HEHD9-12HP-IID-j-3
			<p>LO 4. Apply finishing touches</p> <p>4.1 Check hair according to client's desired outcome</p> <p>4.2 Taper/trim and style hair if necessary</p>		TLE_HEHD9-12HP-IID-j-4

			4.3 Confirm client's satisfaction and make adjustments if requirement	1 WEEK	
			LO 5. Perform post-service activities 5.1 Advise client on hair care and maintenance 5.2 Clean and store tools, equipment, supplies, and materials after use in accordance with salon procedures 5.3 Properly dispose of waste items in accordance with OHS requirements 5.4 Clean and prepare workstation for the next client	1 WEEK	TLE_HEHD9-12HP-IId-j-5
4 TH QUARTER	The learner demonstrates an understanding of the core concepts and theories in haircutting.	The learner demonstrates common competencies in haircutting.	LO 1. Fundamentals in haircutting 1.1 Express one's experience and exposure about the process of haircutting 1.2 Analyze the hair condition and the shape of face for appropriate hair cut 1.3 Practice fundamental disciplines in haircutting 1.4 Discuss the uses of tools and implements in haircutting 1.5 Show the importance of hair control in haircutting 1.6 Discuss basic cutting strokes	2 WEEKS	TLE_HEHD9-12HC-III-IVa-j-1
			LO 2. Prepare client 2.1 Extend appropriate courtesy to the client at all times 2.2 Assess shape of the client's face, head, length and width of hair according to his/her built and height 2.3 Analyze texture of hair according to style requirements and cutting technique to be used 2.4 Present hair catalog to the client for selection and agreement between client and hairdresser	1 WEEK	TLE_HEHD9-12HC-III-IVa-j-2

			<p>2.5 Provide and use protective clothing according to health and sanitation regulations</p> <p>2.6 Shampoo and/or condition hair following salon procedure</p>		
			<p>LO 3. Cut hair</p> <p>3.1 Prepare and use appropriate materials, tools, and hair implements according to client's desired haircut and OHS requirement</p> <p>3.2 Perform haircut according to haircut style and established or acceptable procedures</p> <p>3.3 Ensure client's safety and comfort during the entire process</p>	3 WEEKS	TLE_HEHD9-12HC-III-IVa-j-3
			<p>LO 4. Check hair and apply appropriate finishing touches</p> <p>4.1 Blow-dry and check hair for accuracy and finishing touches</p> <p>4.2 Use finishing cutting tools according to haircut style</p> <p>4.3 Apply hair finishing product as per client's requirements and style</p> <p>4.4 Confirm client's acceptance and make adjustments if required</p>	1 WEEK	TLE_HEHD9-12HC-III-IVa-j-4
			<p>LO 5. Perform post service activities</p> <p>5.1 Advise client on proper hair care and maintenance</p>	1 WEEK	TLE_HEHD9-12HC-IIIa-5

			<p>5.2 Clean, sterilize, and store tools, implements and equipment in accordance with salon policy</p> <p>5.3 Properly dispose of waste items following OHS practice</p> <p>5.4 Clean working area in preparation for the next client</p> <p>5.5 Prepare scoring rubrics for haircut</p>	
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GRADE LEVEL: 9-10/11-12
SPECIALIZATION: HAIRDRESSING II
NOMINAL HOURS: 160
COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 ST QUARTER	The learner demonstrates understanding of the core concepts and theories in performing hair coloring and hair bleaching	The learner demonstrates common competencies in hair coloring and hair bleaching activities	<p>LO 1. Fundamentals in hair coloring and hair bleaching</p> <p>1.1 Perform preliminary steps on hair coloring</p> <p>1.2 Use tested products, implements and supplies</p> <p>1.3 Classify various hair coloring</p> <p>1.4 Describe various types of hair coloring application</p> <p>1.5 Conduct scalp and hair analysis</p> <p>1.6 Identify the effects of allergies and hair treatment to hair coloring activity</p> <p>1.7 Perform skin test/patch test carefully</p> <p>1.8 Discuss hair coloring applications</p> <p>1.9 Explain dimensional highlighting</p>	2 WEEKS	TLE_HEHD9-12CB-la-b-1
			<p>LO 2. Prepare client</p> <p>2.1 Consult and advise client on color options, and checked for possible skin allergies</p>	1 WEEK	TLE_HEHD9-12CB-1c-f-2

			<p>2.2 Check and analyze condition of the hair and scalp Prepare and use protective clothing and materials according to OH&S requirements</p> <p>2.3 Drape client following established procedures to avoid stains from hair coloring</p> <p>2.4 Where necessary, shampoo client's hair to remove remaining conditioners and styling products, making sure the scalp is not scratched</p> <p>2.5 Style where necessary, hair according to client's particular requirements</p> <p>2.6 Ensure client's safety and comfort during the activity</p>		
			<p>LO 3. Apply hair color</p> <p>1.1 Prepare and use tools, materials, implements following OH&S requirements</p> <p>1.2 Select and mix color and developer according to client's hair condition and length and desired outcome</p> <p>1.3 Apply color according to product specifications and established or acceptable procedures</p> <p>1.4 Style where necessary, hair according to client's particular requirements</p>	4 WEEKS	TLE_HEHD9-12CB-1c-f-3
2 ND QUARTER			Hair Bleaching		
	The learner demonstrates understanding of the core concepts and theories in performing hair coloring and hair bleaching	The learner demonstrates common competencies in hair coloring and hair bleaching activities	<p>LO 1. Prepare client</p> <p>1.1 Consult client on health condition and previous hair chemical treatment availed</p> <p>1.2 Advise client on possible service options and outcome results</p> <p>1.3 Check and analyze conditions of the hair and scalp</p> <p>1.4 Advise client to remove all personal accessories</p>	1 WEEK	TLE_HEHD9-12CB-1g-j-5

			1.5 Provide client with protective clothing and gadgets following salon procedures		
			LO 2. Bleach hair 2.1 Prepare and use supplies, materials, tools, equipment, and implements according to OH&S requirements 2.2 to OH&S requirements 2.3 Mix bleaching product with right volume of developer according to manufacturers' instructions and client's hair texture 2.4 Perform hair bleaching according to established or acceptable procedures and product specifications 2.5 Ensure clients' safety and comfort during the process	5 WEEKS	TLE_HEHD9-12CB-Ig-j-6
			LO 3. Perform post-service activities 1.1 Advise client on hair care and maintenance 1.2 Sanitize and store tools and equipment and implements after use according to salon procedures 1.3 Dispose wastes of according to OH&S requirements 1.4 Clean and prepare workstation for next activity	1 WEEK	TLE_HEHD9-12CB-Ig-j-7
3 RD QUARTER	The learner demonstrates understanding of the core concepts and theories in performing hair straightening	The learner demonstrates common competencies in performing hair straighten	LO 1. Introduction to Hair Straightening 1.1 Appreciate the benefits of chemical hair straightening 1.2 Explain hair chemistry and restructuring 1.3 Discuss the products used in chemical hair straightening 1.4 Discuss the importance of scalp and hair analysis. 1.5 Use appropriate implements and supplies in hair straightening	2 WEEKS	TLE_HEHD9-12ST-IIa-j-1

			<p>1.6 Perform the steps in chemical hair straightening</p> <p>1.7 Observe safety rules and reminders in hair straightening</p>		
			<p>LO 2. Prepare client</p> <p>2.1 Advise client to remove all personal accessories</p> <p>2.2 Use protective clothing and gadgets to ensure clients safety and comfort</p> <p>2.3 Check and analyze client hair texture and condition, together with scalp</p> <p>2.4 Confirm previous hair treatment with the client before doing the desired service</p> <p>2.5 Drape and shampoo client without scratching the scalp</p>	1 WEEK	TLE_HEHD9-12ST-IIa-j-2
			<p>LO 3. Apply hair straightening product</p> <p>a. Prepare and use necessary tools and materials according to OH&S requirements</p> <p>b. Identify and/or mix different forms of products based on types of hair and desired hair straightening service in accordance with manufacturers' instruction</p> <p>c. Perform hair straightening in accordance with product specifications and established or acceptable procedures</p> <p>d. Ensure client's safety and comfort during the entire process</p>	2 WEEKS	TLE_HEHD9-12ST-IIa-j-3
			<p>LO 4. Iron Hair</p> <p>4.1 Blow-dry hair according to salon procedures</p> <p>4.2 Apply protective hair product through the hair before actual ironing</p>	2 WEEKS	TLE_HEHD9-12ST-IIa-j-4

			<p>4.3 Set iron plate in accordance with hair condition</p> <p>4.4 Sub-section hair according to salon procedures</p> <p>4.5 Iron hair in accordance with salon procedures</p>		
			<p>LO 5. Apply hair fixing solution</p> <p>5.1 Apply fixing solution on the hair in accordance with manufacturer's instructions</p> <p>5.2 Follow processing time according to manufacturer's instructions</p> <p>5.3 Rinse hair thoroughly and applied with necessary treatment products according to manufacturers' instructions</p> <p>5.4 Check result and style hair according to clients' desired outcome</p>	1 WEEK	TLE_HEHD9-12ST-IIa-j-5
			<p>LO 6. Perform post service activities</p> <p>6.1 Advise client on hair care and maintenance</p> <p>6.2 Clean, sterilize/sanitize tools, implements and equipment and store after use in accordance with salon procedures</p> <p>6.3 Properly dispose waste items of in accordance with OH&S requirements</p> <p>6.4 Clean working area in preparation for the next client</p>	1 WEEK	TLE_HEHD9-12ST-IIa-j-6
4 TH QUARTER	The learner demonstrates understanding of the core concepts and theories in performing styling	The learner demonstrates common competencies in performing styling	<p>LO 1. Introduction to hairstyling</p> <p>1.1 Express ideas about hairstyling</p> <p>1.2 Appreciate the benefits of having hairstyling skills</p> <p>1.3 Inculcate the responsibilities of a hairstylist</p> <p>1.4 Analyze the fundamental principles of hairstyling</p> <p>1.5 Inculcate the responsibilities of a hairstylist</p>	2 WEEKS	TLE_HEHD9-12HS-IIa-j-1

			<p>1.6 Analyze the fundamental principles of hairstyling</p> <p>1.7 Use appropriate equipment, implements and supplies</p> <p>1.8 Observe safety precautions and sanitation while working</p>		
			<p>LO 2. Perform the various methods of hairstyling</p> <p>2.1 Non-thermal styling</p> <p>2.2 Thermal styling</p> <p>2.3 Perform casual and formal creative hairstyles</p> <p>2.4 Perform hairstyling using special effects in hairstyling</p> <p>2.5 Provide hairstyling services</p> <ul style="list-style-type: none"> - Casual hairstyle - Formal hairstyle - Creative hairstyle <p>2.6 Use a rubric in evaluating the services for hairstyling</p> <p>2.7 Compute the cost of service</p>	3 WEEKS	TLE_HEHD9-12HS-IIIa-j-2
			<p>LO 1. Prepare clients</p> <p>1.1 Advise client to remove all personal accessories</p> <p>1.2 Consult client on specific make-up requirements</p> <p>1.3 Analyze shapes of face and skin type / tones of client according to make-up requirements</p> <p>1.4 Seat client in a comfortable position during the entire process</p> <p>1.5 Provide client with protective clothing following salon procedures</p>	1 WEEK	TLE_HEHD9-12MU-IVa-j-1
			<p>LO 2. Apply Make-up</p> <p>2.1 Sanitize hand before actual application of make-up</p>	2 WEEKS	TLE_HEHD9-12MU-IVa-j-2

			<p>2.2 Select and prepare make-up products and accessories, tools, supplies and materials according to client make – up requirement</p> <p>2.3 Perform make-up application in accordance with established or acceptable procedures</p> <p>2.4 Check make-up result before application of finishing touches</p> <p>2.5 Ensure client’s comfort and safety during the entire process</p>		
			<p>LO 3. Perform post-service activities</p> <p>3.1 Advise client on appropriate product and procedure in applying retouch and removing make-up</p> <p>3.2 Clean and store make-up products, tools, materials and implements after use in accordance with salon procedures</p> <p>3.3 Properly dispose waste items of in accordance with OH&S requirements</p> <p>Clean and prepare workstation for next activity</p>	1 WEEK	TLE_HEHD9-12MU-IVa-j-3

GRADE LEVEL: 9-10/11-12
SUBJECT: NAIL CARE
NOMINAL HOURS: 160 hours
COMPONENT: HOME ECONOMICS

QUARTER	CONTENT STANDARDS	PERFORMANCE STANDARDS	MOST ESSENTIAL LEARNING COMPETENCIES	DURATION	K-12 CG Code
1 st QUARTER	The learner demonstrates understanding of concepts and principles in hand AND foot spa.	The learner independently performs hand spa.	<p>PERFORM HAND AND FOOT SPA</p> <p>LO1. Apply hand treatment</p> <p>1.1 Check and analyze condition of client’s hand</p> <p>1.2 Wash client’s hand with lukewarm water and soap, and towel-dry before and after scrubbing</p>	5 WEEKS	TLE_HEBC9-12HS-Ia-g-1

			<p>1.3 Prepare and use necessary tools and supplies/materials according to OHSC requirements</p> <p>1.4 Determine and test appropriate temperature for heat tolerance of client</p> <p>1.5 Soak hands for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens</p> <p>1.6 Remove wax from hands according to manufacturer's instructions</p> <p>1.7 Apply hand softening product and massage according to prescribed procedure</p> <p>1.8 Advise client after service on maintenance program</p>		
			<p>LO2. Perform post hand activity</p> <p>1.1 Dispose waste products including used wax according to OHSC and Department of Health requirements.</p> <p>1.2 Sanitize and store tools and equipment. Clean and sanitize work station for the next treatment activity</p>	2 WEEKS	TLE_HEBC9-12HS-Ih-j-2
2 ND QUARTER	The learner demonstrates understanding of concepts and principles in hand AND foot spa.	The learner independently performs hand spa.	<p>PERFORM FOOT SPA</p> <p>LO1. Apply foot spa</p> <p>1.1 Check and analyze condition of foot nails</p> <p>1.2 Ensure client's safety and comfort prior to foot spa activity</p> <p>1.3 Wash feet with warm water and soap before and after scrubbing</p> <p>1.4 Towel dry feet and apply with appropriate lotion</p> <p>1.5 Prepare and use necessary tools and supplies/materials according to OHSC requirements</p>	5 WEEKS	TLE_HEBC9-12FS-Ila-g-3

			<ul style="list-style-type: none"> 1.6 Determine and test appropriate temperature for heat tolerance of client 1.7 Soak foot for 4 seconds for 3 consecutive times in wax and wrap with plastic gloves and mittens 1.8 Remove wax from foot according to manufacturer's instructions 1.9 Apply foot softening product and massage according to prescribed procedure 1.10 Advise client after service on maintenance program 		
			<p>LO2. Perform post foot spa activity</p> <ul style="list-style-type: none"> 1.1 Dispose waste products including used wax according to OHSC and Department of Health requirements. 1.2 Sanitize and store tools and equipment. 1.3 Close and sanitize work station for the next treatment activity 1.4 	2 WEEKS	TLE_HEBC9-12FS-IIh-j-4
3 RD QUARTER	The learner demonstrates understanding of concepts, principle and techniques in manicure and pedicure services.	The learner independently performs manicure and pedicure services.	<p>LO1. Clean finger nails and toe nails</p> <ul style="list-style-type: none"> 1.1 Consult client on desired nail service activity and specific requirements and consultation record is agreed and signed 1.2 Checked and analyzed clients' hand nail structure and condition 1.3 Recognize nail disorder for prepare nail repair 1.4 Select and prepare appropriate sanitized tools and equipment, supplies and materials are according to salon procedures 1.5 Disinfect, sanitize, clean and dry hands and feet 1.6 Clean nails in accordance with the established or acceptable procedures 	5 WEEKS	TLE_HEBC9-12PMP-III/IVa-r-5

			<ul style="list-style-type: none"> 1.7 Trim and file nails based on client's desired shape. 1.8 Massage fingers following prescribed movements 1.9 Ensure client's safety and comfort is during the entire process. 1.10 Apply first-aid in case of accidental cuts and wounds 		
			<p>LO 2. Perform basic nail designs</p> <ul style="list-style-type: none"> 1.1 Select color of the nail polish according to customer's requirements 1.2 Apply base coat with long strokes starting with the little finger 1.3 Select color of the nail polish as agreed according to customer's desire or requirements 1.4 Apply nail polish from the base to the edge of the nail using light sweeping stroked around the cuticle 1.5 Apply top or seal coat with long strokes in the same manner as the base coat 1.6 Check and analyze outcome according to the client's nail service requirements. 1.7 Remove excess polish around the cuticle and nail using appropriate tool 	3 WEEKS	TLE_HEBC9-12PMP-III/IVa-r-6
4 TH QUARTER			<p style="text-align: center;">CREATE FANCY NAIL DESIGNS</p> <p>LO 1. Perform different fancy designs on finger nails and toe nails</p> <ul style="list-style-type: none"> 1.1 Prepare nails for cleaning 1.2 Apply nail products according to manufacturer's recommendation 1.3 Apply fancy nail designs 	6 WEEKS	TLE_HEBC9-12PMP-III/IVa-r-6

			1.4 Advise client on nail maintenance practices 1.5 Dispose waste properly according to waste environment and safety regulations		
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